



Trollfjell Folkehøgskule Parent Info & Packing List 2025



We are so excited for you to come to Camp this year!
We will be doing many outdoor activities, and we
want to make sure everyone is safe and having a
great time!

Check in:

Check in will be at the Social Hall on Sunday 29 June from 1:00-4:00pm.
You will need to check in with one of the Camp Directors (Jason or
Rebekah) as well as the Camp Nurse.
Please be sure to eat lunch before you arrive.

Check out:

There will be a program on Saturday 12 July at 10:30-11:30 in the Heritage
Hall. You may leave with your camper right after. Notify Camp Directors if
there are extenuating circumstances as soon as possible.
We will show the program on Zoom. Here is the link:

<https://us02web.zoom.us/j/84911506114?pwd=F1BjR6v6d5tvaNH5dZtNvCZaOpSKoT.1>

Meeting ID: 849 1150 6114

Passcode: 799317

Mail:

You can send your camper mail (letters and packages) for daily mail call.
Please do not send mail in the last 3 days of Camp, as it might not arrive
before they leave.

Camper's Name

% Camp Trollfjell
PO Box 622
Alta, CA 95701

Apps to Download:

- **Photocircle:** This is an album everyone can contribute to. We will put all photos here and update social media from here.



Scan the QR code or use the link:

<https://join.photocircleapp.com/YJ0WREQ068>

- **Life360:** This will give us location when we are off property in case of an emergency. The link to join will be provided at check-in.



- **Duolingo:** There will be a competition outside of language class this year.





Packing List:

Make sure to have enough clothes for the whole two weeks as we will not be doing laundry. We recommend labeling personal items.

The amount of clothing on this list is a starting guideline.



- Clothes
 - Shirts (10 short sleeve, 3 long sleeve)
 - Shorts/pants (7 shorts, 2 pants)
 - Socks (15 pairs)
 - Underwear (15 pairs)
 - Jacket/hoodie/sweatshirt (2-3)
 - Pajamas (1-2 pairs, warm)
 - Swimsuit (1)
 - Closed toe tennis shoes for all daily wear
 - Sturdy closed-toed shoes suitable for hiking
 - Flip flops/Crocs – for shower and pool use only (1)
 - Toiletries
 - Toothbrush/toothpaste
 - Shampoo/conditioner
 - Soap/body wash
 - Deodorant
 - Towels (1 shower & 1 swim) and washcloth
 - Hiking backpack
 - Bug spray
 - Sunscreen
 - Warm sleeping bag/bedding and pillow
 - Laundry bag
 - Flashlight and batteries
 - ****WATER BOTTLE****
 - Positive attitude
 - Optional:
 - Water shoes - for the Emerald Pools
 - Hat/visor
 - Razor - held by counselor
 - Camera
 - Costumes
 - Stationary, envelopes, stamps
 - Playing cards or board games
 - Medications – held by the nurse
 - Face mask - in airport
 - Smart phone/tablet & charger – staff will not be held responsible for loss or damage
 - money - there will be a couple of snack purchasing opportunities, staff will not be held responsible for loss
- DO NOT BRING:**
Weapons, valuables, gum, electronic games, food, inappropriate/indecent clothing, a bad attitude