

CULTURAL NEWS

SONS OF NORWAY DISTRICT SIX

September 2018

Edition #001

VELKOMMEN!

Welcome to the first quarterly Cultural Newsletter. We will be striving to get cultural information (ideas, projects and programs) to the lodges in District Six. This newsletter will be published 4 times each year, September, December, March and June.

If anyone has something they would like to contribute to this newsletter, things they might be doing in their lodge, they can send it to the District Six Cultural Director at:

culturaldirector@sofn6.org. We will try to incorporate as much of your contributions as we can. Please note that your contributions may not be included in the next newsletter but we will strive to get it into the following one. The deadline for the newsletters will be:

- January 31 for March issue,
- Apr 30 for the June issue
- July 31 for the September issue
- October 31 for the December issue

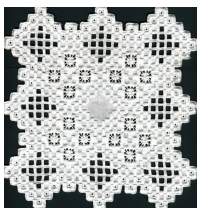
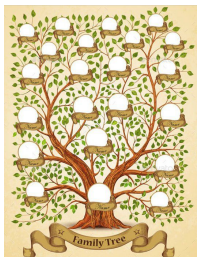
This newsletter will be posted on the District Six website (sofn6.org) and sent to all lodge cultural directors and lodge editors for inclusion in their newsletters and/or their lodge web-pages.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



**SONS of
NORWAY**





CAMP OLOFJELL

Folkehogskule for Voksne

NEW in 2019, Camp Oldfjell, Folkehogskule for Voksne (Folk School for Adults),

Camp Oldfjell will be held at our beautiful Camp Norge starting Tuesday, September 10th through Sunday, September 15th. Cultural Skills classes will be offered in topics such as:

Music
Literature
Hardanger
Vikings

Cooking
Tablet Weaving
Folk Dancing
Rosemaling

and more! Mark your calendar, submit your vacation request & join us for our first ever Camp Oldfjell!

**SAVE THE DATES:
SEPTEMBER
10 to 15
2019**



OCTOBER MEETING IDEA

LEIF ERIKSON DAY CELEBRATION

Leif Erikson day is celebrated on October 9th. Have Your lodge members wear something blue in honor of Leif Erikson to your lodge meeting. Talk about his contributions to American History, serve "Hearty Hunter's Stew" and play Norwegian Bingo.

Program ideas and details can be found on Sons of Norway's website's "idea Bank". Leif Erikson day #6.

https://www.sofn.com/_asset/rvl33j/ID6.pdf

To find the Hearty Hunter's Stew and many others, visit the Sons on Norway website's "Recipe Box".

You can find Norwegian Bingo by visiting the "Idea Bank" on Sons of Norway's website:

https://www.sofn.com/_asset/mfksf1/ID12.pdf



For your convenience we have included a reference guide to the website in this newsletter.

DISTRICT 6 UPCOMING EVENTS

08/31 to 9/02 Camp Norge Northern California Kretsstevne

<https://sofn6.org/wp-content/uploads/2018/05/NCK-2018.pdf>

Sept 22 to 23 Camp Norge 67th Rosemaling Seminar

<https://www.campnorge.org/site/rosemaling/>

Sept 28 to 30 Buelton CA Central California Kretsstevne

<https://sofn6.org/wp-content/uploads/2018/04/CCKRegFlyer-2018-180320.pdf>

Oct 19 to 21 Banning CA Southern California Kretsstevne

<https://sofn6.org/sck/>

Oct 12 to 14 Camp Norge Folksdans Stevne

Details TBA. for more info and registration contact zmcorcoran@gmail.com or call 650-355-3752 or visit:

<http://www.norcalspelmanslag.org/ncsnocaevents.html>

To keep up to date on current events visit Sons of Norway's District 6 website at <https://sofn6.org/>. Hold your mouse over the Events/News tab for a list of events or check the Important dates bar to the right of the page.

SONS OF NORWAY WEBSITE REFERENCE GUIDE

To access the many pages we reference in this newsletter visit the Sons of Norway website at: <https://www.sofn.com/>. Click on the Log In button in the upper right corner.

LOG IN

JOIN/RENEW



If you have never used the website before you will be directed on how to set up your account. Once you are logged in click the button in the upper right corner that says "Member Resources."

MEMBER RESOURCES

Chose Cultural Programming from the displayed categories:

- Lodge Leadership Resources
- Events and Community
- Cultural Programming
- Genealogy
- Foundation
- Financial Products
- Sons of Norway Visa Card
- Member Discounts

Cultural Programming

Get the exclusive resources to connect with your heritage, be it a traditional recipe, learning a cultural skill, or researching your ancestors.

You will get access to the following areas:

- Recipe Box
- Family Matters
- Language Lessons
- Norwegian for Reading Comprehension
- Idea Bank
- Information Bank
- Cultural Skills Program
- Genealogy
- Mini Presentation
- Sports Medal Program
- Viking Magazine

Recipe Box

Tickle your taste buds with one of our featured recipes, or just find a new favorite in our recipe box.

Idea Bank

Strong programming is a key to success for lodges. Not only does offering a variety of fun and informative programs positively impact on your lodge recruitment and retention efforts, it can also be a great community awareness tool.

We touched on Recipe Box and Idea Bank. Feel free to look around and see all the great ideas and potential Cultural Skills programs that you and your lodge can use to enhance your member's Sons of Norway experience!

When you're done, don't forget to log out! You can log out either by choosing the drop-down box located in the upper right hand corner.

LOG OUT

Events | Profile ▾

MEMBER RESOURCES

MEMBER PROFILE

RENEW

LOG OUT

Blog

Or continue to the bottom of the page and click on the log out button.

KID'S PAGES



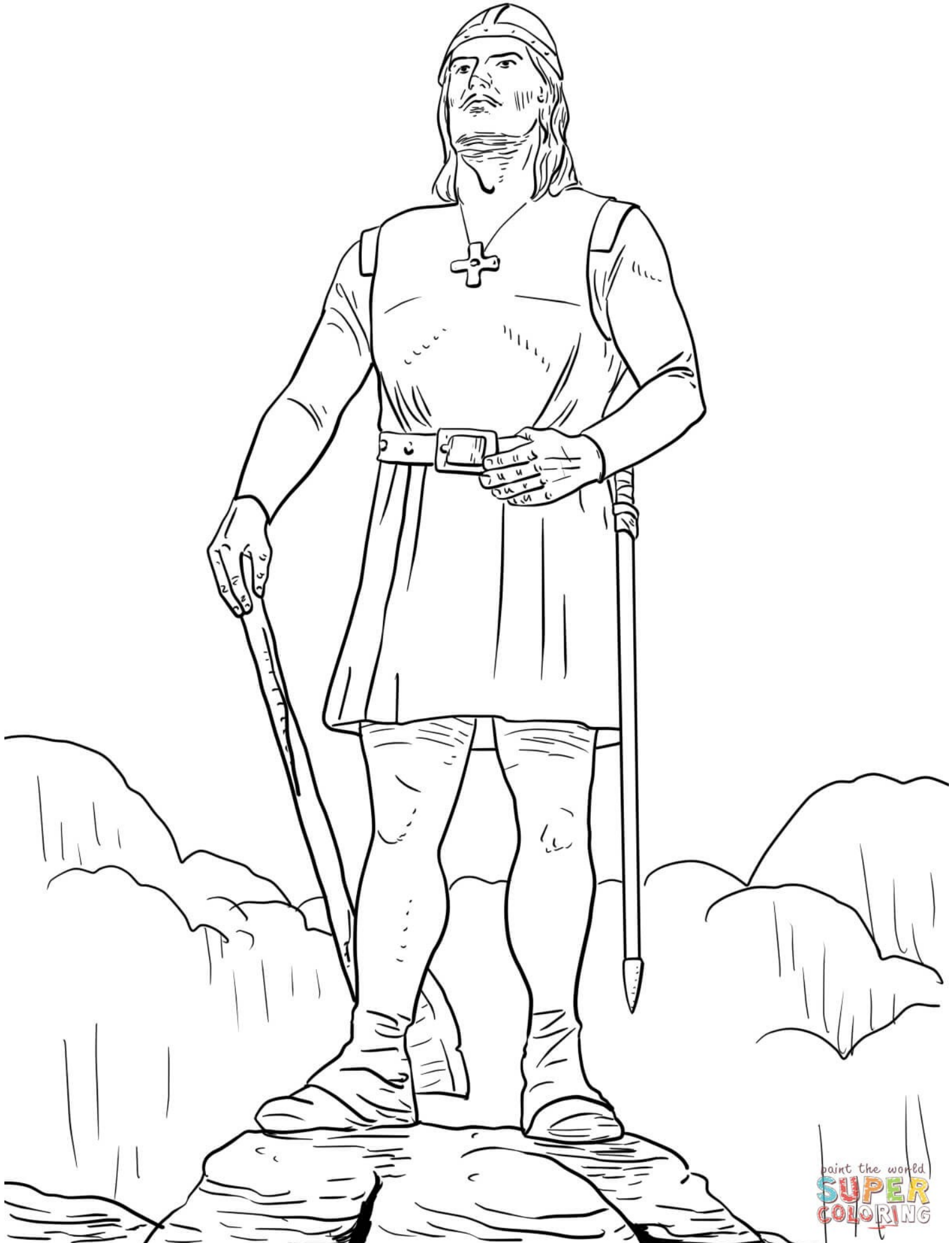
Image from: clipartxtras.com

BOOK REVIEW

Trolls! They are huge and ugly and very, very dangerous. But luckily, their brains are no bigger than a walnut, so even small children can trick them. It is helpful to know what a little girl can do when she finds out that trolls hate loud noises. Or how two brothers might make an entire family of horrible trolls burst and turn to stone. Find out more on Author Lise Lunge-Larsen's facebook page: <https://www.facebook.com/lunge.larsen/>. You can buy this book at Amazon by clicking on this link:

<https://www.amazon.com/Seven-Ways-Trick-Troll-Lunge-Larsen/dp/0816699771>





paint the world
SUPER
COLORING



WATCH FOR:

News about the Norwegian Textile Tour with Sue Sutherland in the next edition of Cultural News. The tour includes a visit to a glass factory; a class on Norwegian Embroidery and a class on making a baptismal bonnet; a visit to a large museum; a tour of a wool factory; visit with a silver smith and more.

Culturally yours,

Judy Immel

District Six Cultural Director

Feel free to make copies of the kids page and the coloring pages for use in your lodges.

Sue Sutherland studied apparel and textile design manufacturing and learned to make bunader from Thorbjorg Ugland and Molle Horn, Both from Heimen Husflid in Oslo. For many years she embroidered bunader for Odden's Norsk Husflid in Wisconsin, until she purchased the bunad part of their business in the mid 1990s. Since then she has been making Bunader, teaching bunad courses, and offering authentic materials and accessories through her store, Bunad Butikken, in Ely, Minnesota. Sue travels to Norway once a year to purchase products for her business And continue her study of the various construction techniques and styles used on bunader from all of the areas of Norway.



CULTURAL NEWSLETTER STAFF

Cultural Director & Editor:

Judy Immel

culturaldirector@sofn6.org

Graphics & Layout:

Teri Morken

solheimlodge@gmail.com