

CULTURAL NEWS

December 2019

SONS OF NORWAY DISTRICT SIX

Edition #006

HILSEN FRA KULTURDIREKTØREN

Greetings from your Cultural Director;

I recently came across a book in a box of donated items for the "Opportunity Drawing" at my lodge's Lutfisk dinner. It's an annual event with wonderful Norwegian food and drink, conversations with dear friends both old and new, and the "Opportunity Drawing" filled with donated items from members.

As I browsed through the book titled: "Flavors of the Fjords, The Norwegian Holiday Cookbook", I became fascinated with the story at the beginning of the recipes. I decided to be a trifle selfish and didn't put the cookbook out on the opportunity table, instead donating what I would have spent on tickets.

This cookbook, written by four Norwegian American women, was the story of their family's immigration from Norway, and the early years of their sojourn into the United States. The women had been given several boxes of old family mementos when their grandmother passed away. The setting was in Newport, Rhode Island.

The book spoke to the traditions which had been brought to the United States by a Norwegian woman who had married and stayed in Newport, Rhode Island. The recipes were from a "...faded yellow cookbook" that was handwritten in Norwegian by their great-grandmother.

I remember my Norwegian grandmother always spent hours during the holiday season preparing traditional cookies and lefse for the family to enjoy. Then she would entertain family and friends over and over until after New Year's Day. This book is about their great-grandmother doing that same thing and their grandmother, her daughter, learning to keep those traditions alive.

As we enter this holiday season, find a Norwegian tradition to share with your family. Incorporate it into your holiday celebrations. It's a wonderful way to connect with your roots. There are many of the same cookie recipes, (found in this cookbook), in the **RECIPE BOX** on the Sons of Norway website. Check them out and try making at least one. My Norwegian friends tell me that a tradition in Norway is to have seven different kinds of cookies ready to serve when friends stop by during the holidays. A couple of the ladies I talked with at our Lutfisk dinner mentioned their mother not only having seven kinds of cookies ready to serve guests but having tins of cookies made up for guests to take home as a little holiday token.

Have a wonderful holiday season!

Judy Immel

If you're hoping to find some great Norwegian gifts for family members, or even for yourself - just click on the

★ and pick up some ski lift tickets, warm mittens, Christmas music or a lovely ornament. All gifts were available as of 11/30/19 3:47 PM PST.



SAVE the DATE

DISTRICT 6 CONVENTION

June 18 – 21, 2020

Sheraton Mesa Hotel,
860 N Riverview
Mesa, AZ 85201
Click [HERE](#) for details

INTERNATIONAL CONVENTION

August 19 – 23, 2020

Scandic Ringsaker
Kårtorpvegen 1
2320 Furnes, Norway
Click [HERE](#) for details.

youth summer camps

Trollfjell Folkehøgskule

June 28 to July 11, 2020

Camp is for students aged 14 to 17.

Camp Trollfjell

July 12 to 25, 2020

Camp is for campers 8 to 13 years old.
Click on the camp names for details.

Registration for campers and staff
applications available January 1, 2020.

FOLKEHOGSKULE FOR VOKSNE (Folk School for Adults)

Camp Oldfjell

Sept. 19 – 22, 2020

We will be offering Cultural Skills classes
and so much more! Classes will include:

- tablet weaving
- literature
- hardanger
- klosterson

Look for the registration information and
a complete listing of classes in the next
Cultural News in March, 2020

FOLK ART EXHIBIT & COMPETITION

Now is the time to start thinking about your entries for the Folk Art Exhibit at the 2020 District Six convention in June 2020 in Mesa, AZ. More detailed information will be provided in the March 2020 Cultural Newsletter.

BERLINER KRANSER COOKIES (Berlin wreath cookies)

Ingredients: 8 eggs ¾ cup sugar 4 cups flour 1 lb. Butter
Lump sugar, coarsely crushed



Directions: Hard-boil four of the eggs. Mash the hard-boiled, cold egg yolks and combine with the four raw yolks and sugar. Wash out the butter until it is very lightly salted. Knead flour and butter alternately, a little at a time, into the egg/sugar mixture. Chill the batter overnight.

Roll into thin "ropes" about 1/3" thick. Cut into 4" lengths and form small wreaths, overlapping ends. Press down lightly to make ends stick together. Brush with lightly beaten egg whites and sprinkle with the coarsely crushed sugar.

Place on greased baking sheet and bake at 375 degrees until a light golden brown. The least amount of flour used while rolling out the dough produces the most tender cookies.



Friday December 6th, 2019

Oakland, CA

\$15

BJØRNSTERNE BJØRNSEN LODGE'S CHRISTMAS CELEBRATION

Sons of Norway Bjørnsterne Bjørnson Lodge is hosting their annual dinner with no-host bar. Dinner will feature pork tenderloin, a variety of salads, and a special dessert. There will be musical entertainment as Sarah Kirton presents a Hardanger Fiddle Christmas and plays festive Norwegian music. Tickets are \$15 for adults and \$5 for children 12 and younger. Please RSVP by Dec. 3 by mailing your name, number of people in your party, and a check made out to Bjornson Lodge to Gayle Miller, 20 Alida Ct., Oakland, Calif. 94602.

Friday 6th & Saturday 7th, December, 2019

Los Gatos, CA

\$19 to \$27

NORDAHL GRIEG LODGE #6-052 ANNUAL LUTEFISK AND MEATBALL DINNER

will be held at Nordahl Hall, located at 580 W. Parr Avenue, Los Gatos, CA. For detailed information click [HERE](#).

Saturday December 7th, 2019

Mesa, AZ

\$20

OVERTRO FJELL LODGE'S 2019 LUTEFISK & MEATBALL DINNER

Sons of Norway Overtro Fjell Lodge 6-153 invites you to attend the annual Lutefisk & Meatball Dinner. It will be Saturday, December 7, 2019 at St. Peter Lutheran Church, 1844 E. Dana St., Mesa, Arizona. For more information click [HERE](#).

Saturday December 7th, 2019

Tucson, AZ

FREE

TUCSON NORDIC GUILD FAIR

The 38th annual Tucson Nordic Guild Fair will be held at Streams in the Desert Lutheran Church, 3660 East Pima St. Tucson, AZ. Norwegian, Swedish, Danish and Finnish clubs and individual vendors will sell ethnic foods, baked goods, Scandinavian items, crafts and collectibles. Folk dancers and musicians will entertain throughout the day. Admission is free. Click [HERE](#) for more details. 3 PM to 9 PM

Saturday December 14th, 2019

Santa Rosa, CA

FREE

HOLIDAY ARTS AND CRAFTS FAIR

Sons of Norway Freya Lodge is holding its 2019 crafts fair at Norway Hall, 617 W. 9th St. Santa Rosa, CA In addition to craft items, there will be baked goods and lunch available for purchase. Click [HERE](#) for more details. 9 AM to 3 PM



MORE winter events



Saturday February 22nd, 2020

Granby, CO

FREE

BARNELØPET - CHILDREN'S CROSS COUNTRY SKI EVENT

The Colorado Lodges of Sons of Norway's District Six are proud to invite you to participate in the children's Barneløpet for young people ages 0 – 16. Barneløpet is a non-competitive ski event for children. Literally translated, Barneløpet means "children's race." Sons of Norway's Barneløpet is a FREE event open to boys and girls of all skill levels. Skiers and their families are invited to a free after-ski Barneløpet reception. The host lodges will serve a light lunch and beverage. For detailed information visit their [WEBSITE](#). 9 AM to 3 PM

EVENT RESOURCES

In order to bring you Norwegian Cultural Events located within District 6 we use the following resources:

[SONS OF NORWAY EVENT PAGE](#)
[DISTRICT 6'S EVENT PAGE](#)

[THE NORWEGIAN AMERICAN EVENT PAGE](#)
[CAMP NORGE EVENT PAGE](#)

If you have an event that you would like to see featured on these pages please submit it to culturaldirector@sofn6.org by February 1st, May 1st, August 1st or November 1st.



BOOK CLUBS

I know that many lodges have book clubs. I would like to start a regular column to the Cultural News titled "Book Club Reviews." If anyone would like

to contribute a review to this column we can publish it in the next Cultural News. Please send any reviews along with the title of the book and author to Judy Immel your District 6 Cultural Director at culturaldirector@sofn6.org Also include where we may purchase the book.

WORD SEARCH



mission statement: The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



**SONS of
NORWAY**

CULTURAL newsletter STAFF

Cultural Director & Editor:
Judy Immel
culturaldirector@sofn6.org

Graphics & Layout:
Teri Morken
solheimlodge@gmail.com

KID'S PAGES

did you know?



Every year Norway donates a Christmas tree to Britain as a thank you for their help in WWII. King Haakon and the Norwegian people never forgot what Britain did for Norway, and each year since 1947, Norway sends over a giant Norwegian spruce Christmas tree to their British friends as a token of gratitude, celebration, and commemoration of Britain's support in preserving Norwegian liberty during World War II. Since 1996 Norway has also presented a tree to the people of Washington D.C. to show its gratitude for the assistance of the United States during and after World War II and to recognize the continuing strong friendship between the two countries.

Gnomes

Gnomes, Tonttu, Kabouter, and Mano are all names for the delightful and mischievous creature we call the Gnome. Since the beloved Dutch artist Rien Poortvliet and his scientist friend Wil Huygen wrote their detailed guide to Gnomes over thirty-five years ago, Gnomes have been sighted all over the globe – people's fascination with Gnome-spotting has even begun to rival bird-watching! With this in mind, Abrams created this celebratory thirty-fifth anniversary edition of the classic book, *Gnomes*.

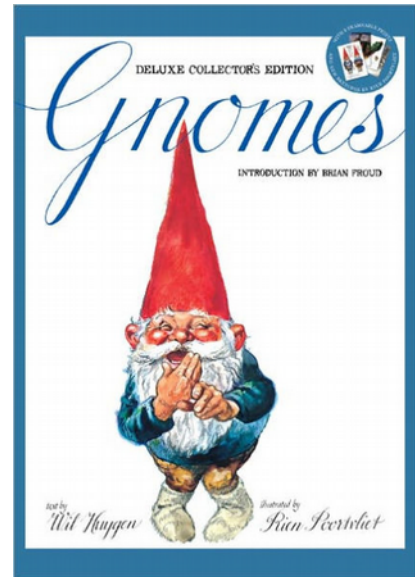
Hone your Gnome knowledge with the detailed descriptions and illustrations provided by Huygen and Poortvliet. Did you know that a Gnome is seven times as strong as a human? Or that Gnomes rub noses in both greeting and farewell? Or that the average Gnome lifespan is four hundred years? Poortvliet and Huygen have gathered extensive data on Gnomes and their habits through patient daily observation – well, nightly observation – Gnomes are nocturnal!

This book contains a wealth of practical Gnome information, including facts about Gnome architecture, education, courtship, medicine, and industry. Important events from Gnome history are cataloged here: the Gnome who knew Rembrandt reveals fascinating behind-the-scenes gossip, and Mozart's Gnome companion describes the great musician at work.

Gnome culture, too, is given its due, with descriptions of medicinal herbs that cure everything from sneezing to sunburn, popular destinations for honeymooning Gnomes, and of course, the construction and significance of the all important Gnome cap.

All this adds up to a book full of lore, history, and tongue-in-cheek fun. Over three decades later, we celebrate *Gnomes* and its capacity to engage and enchant readers of all ages, with this special edition that includes a new introduction, frame-able prints, and a sketchbook section.

It's a great read, especially if you are at all interested in Gnomes. You can get this book at: [Walmart](#) [Amazon](#) [Barnes&Noble](#)



WORD SEARCH

R V P Y P H B K H R S R D Z H
 N E Z E Z T R E A C S E R H Q
 P R S P B T M D G L Z G O S Q
 O E G N L W U Z E J F N B W T
 R E P U A L K K N T V I E C X
 B E R P U R K J I V D R L Z E
 Q N K J E A K P S F A T U Z W
 T M D A B R P R S Z R L J I N
 F O J D K N K M E T K U F A T
 G Z N D P M H A Z N P M D A U
 L A Y U F L U N K N I S S E O
 S J U L E K U R V E R L M W Y
 U U F G R U N M K X R K R J S
 D X V Y U B J R W E X S F E C
 E S S I N E L U J S S C U T B

WORD

MEANING

hagenisse

garden gnome

Julenisse

gift-bearing nisse

Julekurver

heart paper baskets

God Jul

Merry Christmas

Julebord

Christmas party

Nisse

a mythological creature from Nordic folklore today typically associated with the winter solstice and the Christmas season

WORD

MEANING

pepperkake

Ginger snap

krumkaker

Norwegian waffle cookie

smultringer

Norwegian doughnuts

berlinerkranser

Norwegian butter cookies

sandbakkels

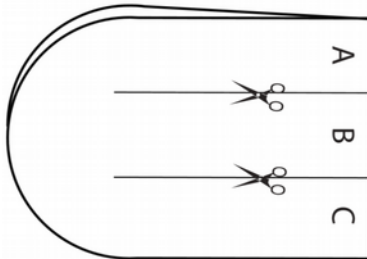
Norwegian sugar cookie



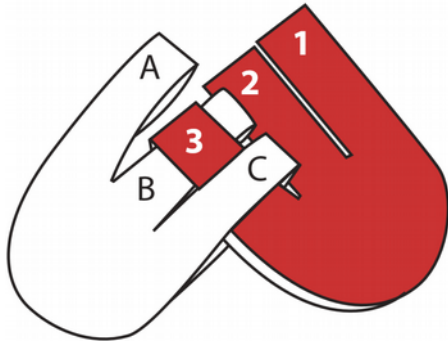
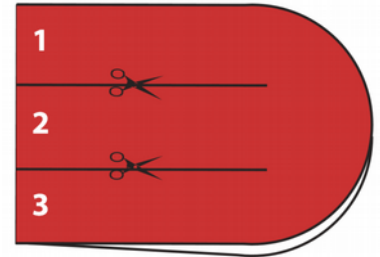
julekurver

PAPER HEART BASKETS

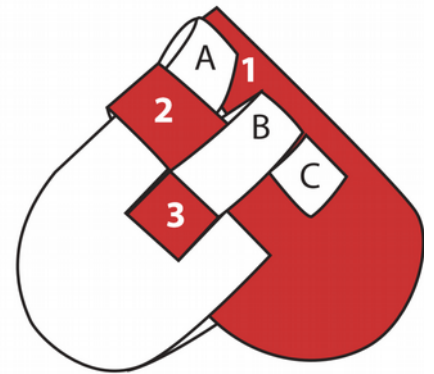
Ask your parents to make you a pattern by printing the template on the next page. Trace the pattern with a pencil and cut each half of the heart from different colors of paper.



Fold each pattern in half and then cut the two strip lines with the folded piece stopping where the line stops.



Weave the heart as described, or you can watch this [VIDEO](#)



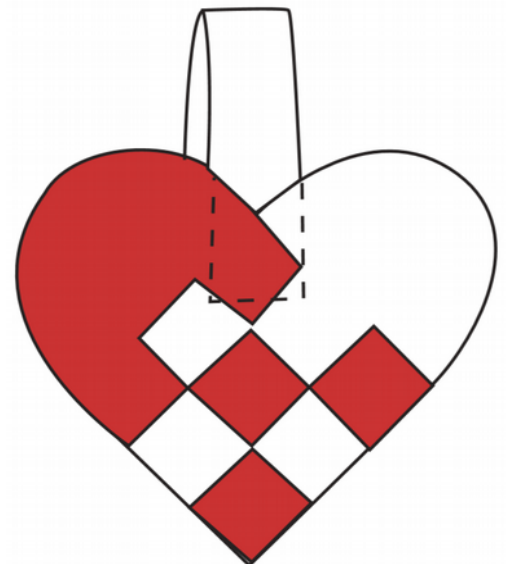
Because you are weaving folded paper you will go between the strips instead of going over and under. Weave the folded paper following this pattern:

FIRST ROW: Red strip #3 will go between the white C, the white B will go between red #3 and red #3 will go between white A.

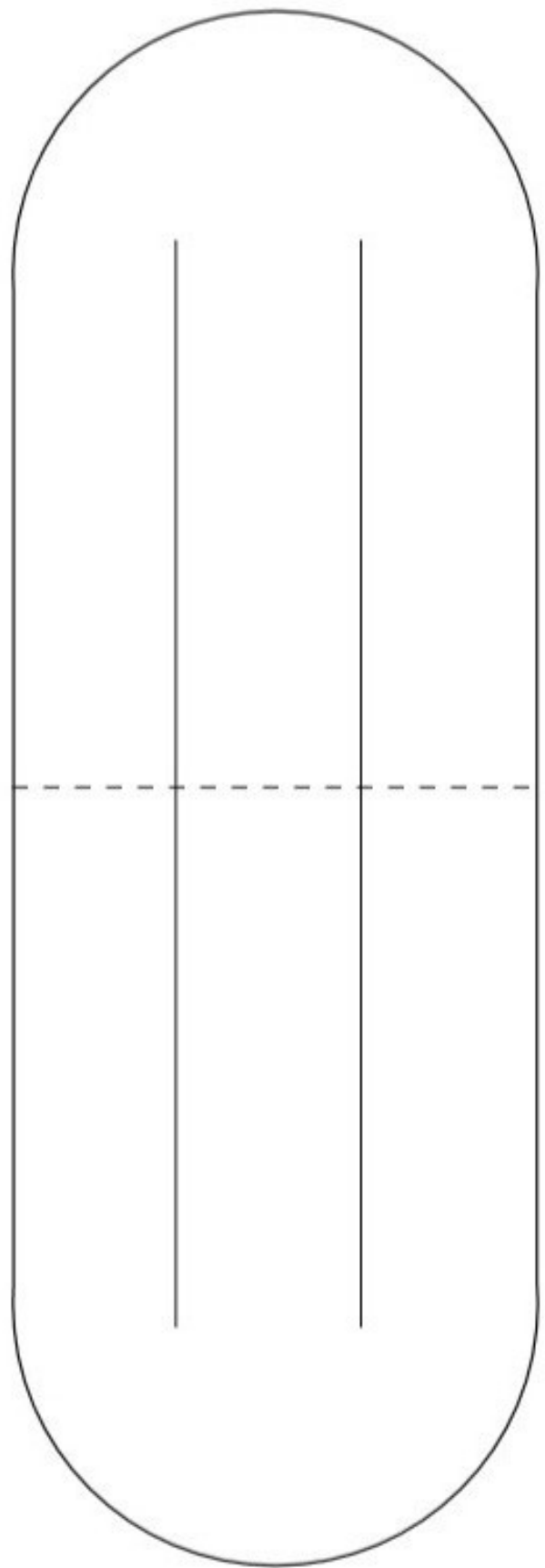
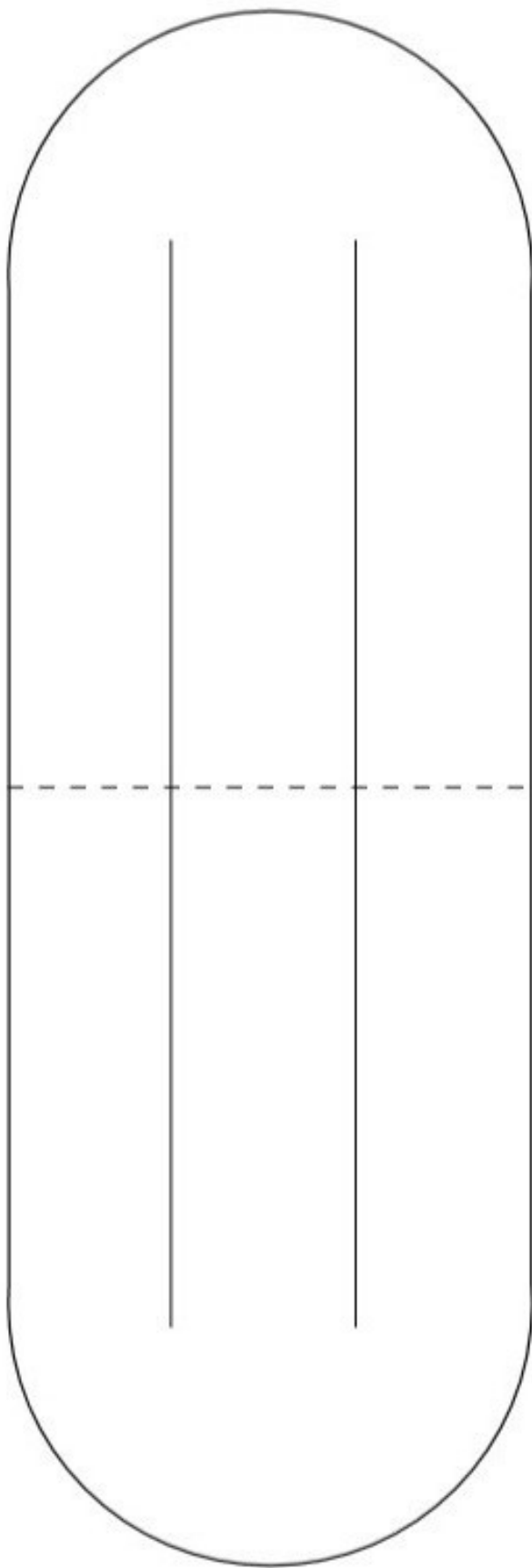
SECOND ROW: White C will go between red #2, red #2 will go between white B and white A will go between red #2.

THIRD ROW: Red #1 will go between white C, white B will go between red #1 and red #1 will go between white A.

FINISHING: Cut a strip of paper to make a handle for your basket attaching it with tape.



Fill your basket with treats or a small gift and hang it on the Christmas tree!



Note to parents: Changing the size of the template and the number of cuts makes for a more detailed basket. Click [HERE](#) for a template of these fancy paper heart baskets.

