



Rosettes
Folkehøgskule

CULTURAL NEWS

September 2021 **SONS OF NORWAY DISTRICT SIX** Edition #013



Koll

HILSEN FRA KULTURDIREKTØREN

Greetings from your Cultural Director;

Hi all, just a quick reminder to sign up for Camp Oldfjell. Camp Oldfjell classes are still open.

I hope all of you are working on your projects for the 2022 convention. The convention will be in June 2022 in Mesa, AZ. All cultural skills categories are open for exhibition and/or competition.

Fall is almost here and most lodges will begin hosting meetings again. Time to get re-acquainted with one another.

Apple desserts are very popular in the fall. Since apples are so good for us, these desserts are well worth sharing. Fall is also a good time to bring out those beautiful Norwegian sweaters.

Many of you will experience a fall season with wonderful fall colors. On the west coast, we don't get a lot of that. Enjoy those spectacular displays of color for us too.

Don't forget to celebrate Leif Erikson Day on October 9th.

Have a great fall season,
Judy Immel, Cultural Director



**Hurry,
classes are
filling up
fast!**

**To register for
Camp Oldfjell
click [HERE](#).
To view the
catalog, click
[HERE](#).**



Logan



Elise



Forrest



Ethan



Juliette



Soliana



**Trollfjell
campers
demonstrating
their Norwegian
Language skills.**



**The Norwegian
National Anthem
is sung daily at
the flag raising
ceremony.**



**Kirby Aasen teaching lefse
making to Trollfjell
Folkehøgskule students.**



**Trollfjell campers performing a folk
dance for their parents.**



events

See
page 4
for more
events!

Friday, October 01, 2021

On-line

\$10

7:30-8:30 PM PST

The Allure of the Vikings: Warriors, Women and Politics

Learn from expert Viking historian Terri Barnes about the Age of Vikings – what was the social structure and reach of the Viking culture and how much of our current beliefs are true? To register for this online event click [HERE](#).

Nordic Northwest Friday Night Lecture Series

Nordic Northwest presents a lively hour-long presentation on a variety of Nordic subjects on Friday Nights. To see past lectures and sign up for future lectures visit their website by clicking [HERE](#).

Wednesday, October 13, 2021

On-line

\$30

5:30-7:00 PM CT

Smørbrød (Vesterheim)

Join celebrated Nordic cookbook author and food historian Patrice Johnson to explore the rich tradition of Nordic-style open-face sandwiches. From Sweden (smörgåsar) to Norway (smørbrød) to Denmark (smørrebrød) these sandwiches bring together some of the Nordic region's best flavors, colors, and ingredients. You will prepare several classic sandwiches and even some with modern twists and you will learn the crucial elements that make a perfect smørbrød. This Vesterheim cooking class is designed as a small-group cook-along and we invite the whole family to experience this collaborative cooking and learning process. Only one registration is needed per household. Enrollment Deadline: October 6, 2021 Click [HERE](#) for details and registration.

Vesterheim Folk Art School Class Schedule

For a full listing of all classes, you can view the complete September to December 2021 calendar by clicking [HERE](#), or you can visit their [WEBSITE](#) for more up to date information.

November 9, 16 & 23, 2021

On-line

\$145

3:00-5:00 PM CT

Beginning Hardanger Embroidery: Ornaments

Hardangersom is Norwegian drawn work. In this online class, you will learn basic Hardangersom stitches as you make a cute ornament. Instructor Shan Rayray will take you step-by-step through each of the stitches (Kloster blocks/satin stitch, drawn thread work with woven bars, dove's eyes, and fringe stitch.) Each session will be accompanied by a video tutorial that you can refer to between class sessions as you complete each step. Experience with cross-stitching is helpful, but all are welcome! Included in the registration fee is a complete kit of materials shipped to your home (a \$40 value!) including needles, embroidery floss, prepared squares of fabric, and Stork embroidery scissors—you'll have everything you need to make two ornaments! For complete details on this Vesterheim class, click [HERE](#).

For in-person events please verify COVID-19 protocols before attending the event.



Camp Connection

See page 4 for more events!

Labor Day Weekend, September 4 - 6, 2021

8/27 Deadline for Meal Registration

Northern California Kretsstevne

Zones 1,2 and 3 invite YOU to our "Jewel in the Sierras" for the "Gathering of the Clan"!! Come for the entire weekend or plan to be with us just part of the weekend! Meals will be served in the Heritage Hall. Activities include: a horseshoe tournament, swimming pool fun, a hike to the Railroad Tunnels—and more! See Camp Norge's website for details by clicking [HERE](#).

Sunday, September 5, 2021

2:00 PM PST

Dedication of New Play-set

Join us for some sweet treats as Baylee and Jason introduce the new play-set to District Six's children, their parents, and grandparents. We'll have ice-cream sundaes, blow some bubbles, and have a great time!

September 18 - 21, 2021

\$200 4 days / \$100 2 days

Camp Oldfjell

9/1 Deadline for registration

Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults), will be held at our beautiful Camp Norge. Cultural Skills classes will be offered in topics such as: Music, Literature, Hardanger, Vikings, Cooking, Tablet Weaving, and Rosemaling, and more! To register for Camp Oldfjell click [HERE](#) and to see the course catalog click [HERE](#).



2019 Camp Oldfjell Attendees



▲ Tablet Weaving
Rosemaling ▼



For in-person events please verify COVID-19 protocols before attending the event.

events

Part 2

Friday, September 10, 2021

Freya Lodge
Santa Rosa, CA

\$25

5-8 PM PST

2021 Aquavit & Food Pairing

Join us as we have fun, tasting our favorite drink, Aquavit!. Handmade by Ann Strom, there are 4 different Aquavit flavor offerings. Ålesund Dawn: a light Aquavit with lemony highlights, Bright Bergen: Medium color with hints of star anise, Outrageous Oslo: Medium/ dark color with flavors of juniper berries and cardamon, and Nordic Nights: Our darkest offering - cinnamon, nutmeg and orange peel paired with finger foods, enjoy a fun evening of seeing friends and having a grand evening outside under the canopies. Purchase your tickets on the Freya Lodge website by clicking [HERE](#).

October 1-3, 2021

Central California Kretsstevne

9/1 Deadline for registration

The CCK Committee cordially invites all Sons of Norway members and their guests to attend the 2021 CCK at the beautiful Flying Flags facility in Buellton, just 45 miles north of Santa Barbara on Hwy 101 for fun, fellowship, and great food – don't miss out! Register [HERE](#).

October 15 – 17, 2021

Southern California Kretsstevne

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. Enjoy music, singing, heritage crafts, and camaraderie. This years Southern California Kretsstevne will be held at the Banning Stagecoach KOA Campground & RV Park, located at 1455 S. San Geronio Avenue. Banning, CA 92220. For more detailed information click [HERE](#) or send an email to: norskncm@gmail.com.



Camp Connection

Part 2

September 25-26, 2021

\$100

Rosemaling Seminar at Camp Norge

9/1 Deadline for registration

Onya Tolmasoff and Karen Nelson created this year's designs. You will paint the design on a suitable wooden tray, bowl, or plate. . . depending on availability. Onya's design is a Rausaumsmalingen (Red Embroidery) from the West Telemark region. Karen's design is in the Ryfylke style, from Rogaland county. Both are on black backgrounds. For detailed information, pictures of the project designs, and the registration/information form, click [HERE](#).

APPLE CAKE WITH SABAYONNE

Ingredients

For the Pastry

1 2/3 cups flour
1/3 cup cold water
1 cup baking margarine or shortening

For the Sugar Syrup

1/3 cup sugar 2/3 cup water
 apples
fresh black currants or jam
sugar 1 egg, beaten

For the Sabayonne

8 egg yolks
3/4 cup white wine
1/2 cup sugar

Recipe

Step 1

Quickly combine all pastry ingredients in a food processor. Do not overwork.

Step 2

Roll out the dough on a floured board to a 1 1/2 cm (2/3") thick sheet. Roll from the middle out to the edges. Fold the rectangle into thirds, as with a letter. Wrap in plastic and chill at least 30 minutes.

Step 3

Preheat the oven to 425°F. Roll out half the dough to a about 1/8" thick and place in the bottom of a 9" springform pan. Bake until golden, about 7-8 minutes.

Step 4

While the dough is baking, combine the sugar and water in a small sauce pan and bring it to a boil. Simmer for 1 minute.

Step 5

Reduce the oven temperature to 350°F. Peel and core the apples and place close together on the dough. Fill the core holes with berries and sugar or jam. Brush the apples with sugar syrup.

Step 6

Roll a slightly larger dough sheet to cover the apples. Make 1 1/4" holes in the dough between the apples. Make dough rings to frame the holes. Attach with beaten egg. Brush the top of the pie with beaten egg. Bake at 350°F until golden, about 30 minutes. Allow to cool.

Step 7

Whisk egg yolks and sugar in a double boiler until thick and lemon-colored. Beat in the wine. Pour the mixture into the holes on top of the apple cake, or serve alongside.

Sign up for the cooking class at
CAMP OLDFJELL
For other great Norwegian dishes

This recipe is taken from "The Norwegian Kitchen". To purchase from Amazon click [HERE](#). There is a limited number of copies available from **WORLD OF BOOKS**.

Leif Erikson

Although a great many people still are not fully informed of the fact, the discovery of the North American mainland by Leif Erikson is one of the best documented historical events from the Viking age.

For centuries prior to the year 1000, the Viking Norsemen had sailed their proud ships into practically all ports of the known World. Records of their exploits at sea are found in the ancient sagas. History has shown that these sagas were fairly accurate historical records and that they were not fanciful fairy tales—even if the details weren't always correct. In making his voyage of discovery, Leif Erikson was not acting blindly—he had the records of Bjarne Herjulfson, who first saw these distant shores after he had been driven from his course during a voyage from Iceland to Greenland.

In this way, Leif Erikson was in a different position than Christopher Columbus, who rediscovered the New World 500 years later. About Columbus there is an old story: "When he started, he didn't know where he was going; when he got there, he didn't know where he was; when he returned to Spain, he didn't know where he had been."

Columbus—regardless of what he might have learned about the earlier Viking voyages to an unknown world—convinced Queen Isabella of Spain that he could find a short way to reach the Indies. When he landed on a small island (now believed to have been Walling's Island in the Bahamas), he thought he was in the Far East and this belief persisted among the Spanish explorers who followed him and explored much of the Western World.

The main chapter in the story of Norse colonization in America is that of the discovery of a pre-Columbian settlement at L'Anse aux Meadows on the northernmost tip of Newfoundland. The Norwegian explorer, Helge Ingstad, and his crew excavated house sites and boat sheds there, and among the finds was a bronze, ring-headed pin of the late Viking type. This site is today officially recognized as a Norse Viking Age settlement, and is definite proof that the stories of the Sagas are true. Ingstad's findings are presented in his book, "Westward to Vinland," where he follows Leif Erikson from the Norse settlement in Greenland to the wonderful land in the west.

The statement by early historians that Leif Erikson's discovery of America brought no results is not quite true. The Vikings from Greenland and Iceland did not stop with the first voyages of discovery. Positive efforts to colonize the new land were made, and contacts with America—particularly from Iceland and Greenland—continued for nearly 400 years.

We can only speculate about what happened to the Norse settlers in Vinland. Did they all go back to Greenland? Or did they make Vinland their new homeland? Early Spanish explorers reported the natives of this area to be of an unusually fair complexion. Does this mean that Norsemen and



Minnesota
State
Capitol Grounds



Chicago
Humbolt
Park



Duluth
Leif Erikson
Park



Seattle
Shilshole
Marina



Boston
Commonwealth
Avenue Mall

Indians not only existed side-by-side, but that the newcomers blended with the original population? We don't know.

As we today observe the annual Leif Erikson Day, we are not paying tribute merely to a dangerous voyage made by a courageous Norwegian-Greenlander about the year 1000. We are paying tribute to all of the exploits of the Viking voyagers of the past one thousand years, and to their descendants who settled and developed wilderness areas from Shetland, Orkney, and Faroe Islands to Iceland and Greenland, and who made the first settlements and explorations of the North American continent.

As descendants of the ancient Norse Vikings and the hundreds of thousands of Norwegian emigrants who settled the new lands of the United States and Canada in the 19th century and 20th century, we can point with pride to the contribution which we have made to the building of the Western World. We are in truth heirs of the Viking pathfinders and pioneers. We continue to carry on their traditions. We are still engaged in the big task of building the western culture and civilization. We have much to offer in the rich heritage of our Norwegian culture.

There are greater frontiers than ever, although they are not physical in the sense of the American frontier of the 19th century. As citizens of the New World, we have a responsibility to continue our untiring efforts in exploring these new frontiers and in helping to make our new lands better and stronger—economically, physically, and culturally—as we face the critical problems of the modern era.

Taken from Sons of Norway Heritage Programs Idea Bank #6, pages 8-9. You can find the complete program in the Idea Bank by clicking [HERE](#).



U.S. stamp issued on Leif Erikson Day, 1968

CELEBRATE LEIF ERIKSON DAY ON SATURDAY, OCTOBER 9

CULTURAL NEWSLETTER INFORMATION

Cultural Director & Editor: Judy Immel culturaldirector@sofn6.org
Graphics and Layout: Teri Morken solheimlodge@gmail.com
Publishing dates: March 1 June 1 September 1 December 1
Submission Deadlines: The 15th of the month prior to publishing.

WORD SEARCH KEY



Sons of Norway Mission Statement

International

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

District Six

The mission of the District Six Board of Directors is to inspire the preservation of Norwegian heritage and support District Six lodges and members through communications, program resources, and opportunities.





CAMP TROLLFJELL

Camp Trollfjell welcomed 17 campers this year, 14 had never attended Camp Trollfjell in person before. If you want to know how well camp went – just check out the pictures!





2021 TROLLFJELL FOLKEHØGSKULE

Trollfjell Folkehøgskule had a total of 11 students, 7 of which were first-time students. The students who attend the Folkehøgskule camp enjoy the same types of traditional activities, classes, and folk art projects as the younger campers who attend Camp Trollfjell. They also attend the annual Dutch Flat Fourth of July parade, which includes the town-wide water fight, then they watch the fireworks at the Placer County Fairgrounds. Every year they also complete a service project to benefit Camp Norge. This year the students installed a tether-ball set.

Trollfjell Folkehøgskule is providing us with our future leaders! The Camp Trollfjell counselors, Baylee, Emily, Jordan, and Emma, were once students at Trollfjell Folkehøgskule. The 2 other camp staff members, Rebekah, and Jason graduated from Camp Trollfjell before District Six offered a summer Heritage and Language camp for our 14-17-year-olds. What a great experience!



CAMP TROLLFJELL AND TROLLFJELL FOLKEHØGSKULE

Language Lessons

Well, it has been quite a summer so far for me. I have spent four weeks at Camp Norge with a great group of kids. First we had Trollfjell Folkehøgskule with 11 teenagers. As I write this, we have 17 younger kids, at Camp Trollfjell. By the time you read this, the camp will be over and I will have my sanity back, I hope.

They have had lot of fun learning some Norwegian cooking, folk dancing, rosemaling and several other crafts. My job was to teach them Norwegian language and a little about their heritage. We have done a lot of singing in Norwegian, which they seemed to enjoy very much.

The camp cook, Kirby and his assistant, Iris, made sure none of us went hungry. The Camp counselors, a young group with a lot of energy, made sure the kids did not get bored and kept them active all the time when they were not in their assigned classes.

Submitted by: Tove-Lise Miller from Roald Amundsen Lodge 6-48 in Sacramento, California



Trollfjell Folkehøgskule Service Project

The Service Project for this year's Trollfjell Folkehøgskule was to install a tether-ball set. After 25 years of service, the old swings had created a pretty good-sized groove in the ground. This was the site chosen for installation. The students made sure the hole was deep enough to support the tether-ball pole. Then they mixed and poured the concrete before installing the pole. After the cement had cured, they leveled out the area and used wood chips to finish. After the rope and ball were attached, the tether-ball set was ready for use.



KID'S PAGES



Leif the Lucky

Leif sailed with his father, Erik the Red, from Iceland to Greenland where he grew up; describes his journeys back to Norway, where he became a Christian and then to the land he called Vinland; and tells how his kinsmen settled in Vinland and met the Indians.

You can purchase this book at: **BARNES & NOBLE**

Leif Erikson Day facts

Leif Erikson Day is a holiday that happens on October 9. It honors Leif Erikson, the Norse explorer who brought the first Europeans known to be in North America. October 9th is not related with any event in Leif Erikson's life. The date was chosen because the ship Restauration coming from Stavanger, Norway, arrived in New York Harbor on October 9, 1825. This was the start of the first organized immigration from Norway to the United States.

- 1925** American President Calvin Coolidge recognized Leif Erikson as the Discoverer of America.
- 1930** Wisconsin became the first state to officially adopt Leif Erikson Day as a state holiday.
- 1931** Minnesota officially adopts Leif Erikson Day as a state holiday.
- 1956** Leif Erikson Day became an official holiday in six more states: Wisconsin, South Dakota, Illinois, Colorado, Washington, and California.
- 1963** The U.S. Representative from Duluth, John Blatnik, introduced a bill to observe Leif Erikson Day in the rest of the United States.
- 1964** The United States Congress authorized and requested the President to create the observance through a yearly proclamation.

The Restauration was a sloop built in 1801, in Hardanger, Norway. It became a symbol of Norwegian American immigration. It has been nicknamed the "Norse Mayflower." The U.S. postage stamp featuring the ship Restauration was issued in honor of the 100th anniversary of Norwegian immigration.



Who Was Leif Erikson?

Leif Erikson was born to be an explorer. His father, Erik the Red, had established the first European settlement in present-day Greenland, and although he didn't yet know it, Leif was destined to embark on an adventure of his own. The wise and striking Viking landed in the area known as Vinland almost five centuries before Christopher Columbus even set sail!

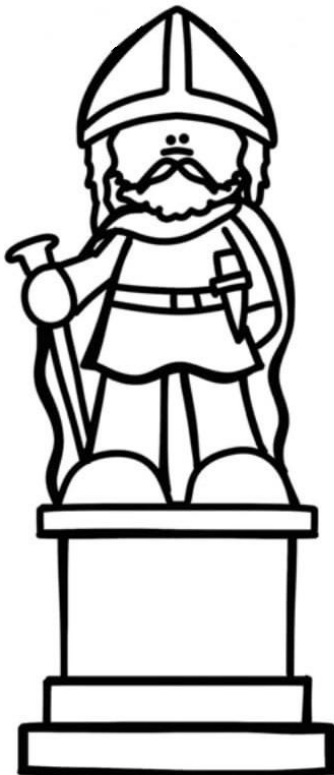
You can purchase this book at **AMAZON**.



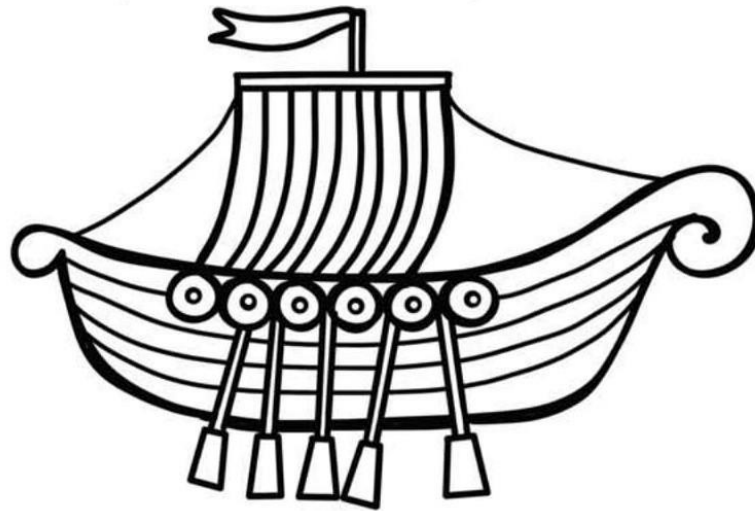
LEIF ERIKSSON

was a Viking who is credited to being the first European to set foot in North America, nearly 500 years before Christopher Columbus.

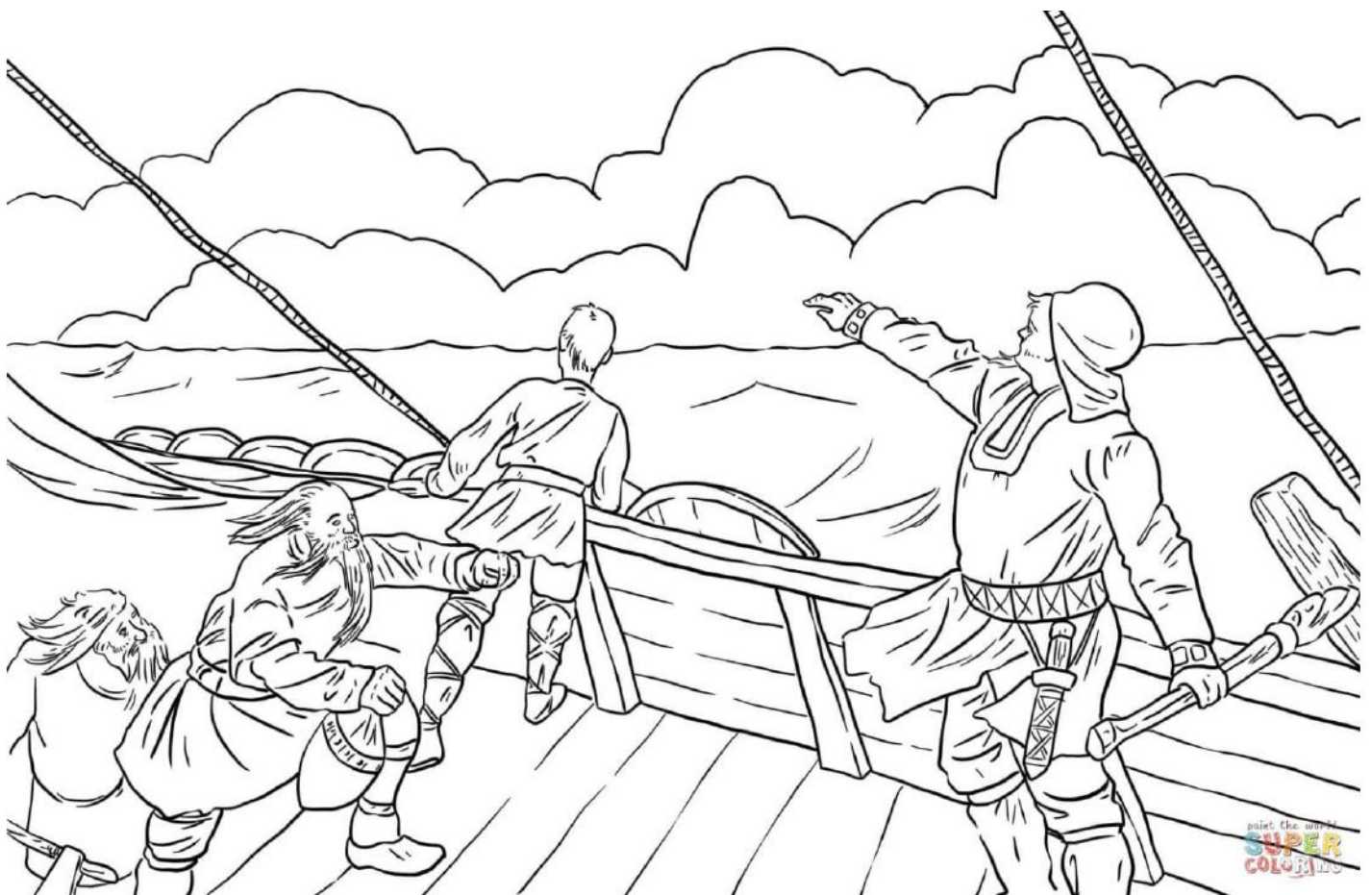
Born in Iceland in the 10th century, he was the son of Erik the Red, the great Nordic explorer and warrior.



There are many statues of Leif Erikson situated all around America. The first one was sculpted by Anne Whitney in 1887. It is located on Commonwealth Avenue at Charlesgate East in Boston, Massachusetts. Others can be found in Milwaukee, Chicago, Virginia, St. Paul, Seattle and Cleveland. There are also some in Iceland.



Vikings used longboats, to sail around the world in search of riches. With both sails and oars, these boats were able to sail well in both shallow water and in the ocean. The carved animal heads on the front of them were designed to put fear into the people of the land they were raiding.



LEIF ERIKSON DAY

F A R O E I S L A N D S Y T X
J G Q C C X C U T B U E D G H
S W E U I A E E U L N N I B D
Q M B N G P N D L K G V K I N
I B Q Q Q S E A R A F D S E A
A C I R E M A O D F N C L X L
G R E E N L A N D A O D H P T
N F O U T D Q X L V Q E C L E
Y G E S D L D Z E N O B F O H
Y V N G Q N Z R H H Q L N R S
A A D I A A Y M S O T V O E R
C C V L K G T J W C U W R R C
G P N T L I J Q Y Z Z Y W S K
W I C N B K V B W R M R A F L
V N O S K I R E F I E L Y A F

Orkney

Vinland

Iceland

Canada

Viking

Shetland

Norway

America

Explorers

Discovery

Greenland

Faroe Islands

Leif Erikson