

Camp Oldfjell

2026 Course Catalog

September 19 – 22

Saturday-Tuesday \$250
Saturday-Sunday \$150



Registration opens on July 1, 2026

Click [HERE](https://sofn6.org/camp-oldfjell/) to register or visit <https://sofn6.org/camp-oldfjell/> for the latest details!

2026 Camp Oldfjell Classes

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**The Camp Oldfjell Catalog is prepared in advance.
Changes in courses, instructors or fees may occur.**

ROSEMALING LEVEL 1

Cultural Skill: Unit #4

[UNIT PDF](#) and [YOUTUBE PLAYLIST](#)

Instructor: Michele Graham

Schedule: Sat-Tue | 8:15-10:00 | Heritage Hall East

Materials Fee: \$15

Class Size: Maximum 15

Overview: Learn key brush strokes and foundational techniques while creating a beautiful, take-home project

that qualifies for a Level 1 Cultural Skills Pin in Rosemaling. Attendees will paint a decorative ornament — perfect for display or gifting. Suitable for all skill levels; no prior rosemaling or painting experience is necessary.

This course is designed to accommodate both two-day and four-day participants. Those attending for two days will complete a standalone project, while four-day participants may have time to create an additional ornament.



NORWEGIAN BAKING

Cultural Skill Unit #1: [UNIT PDF](#)

Instructors: Jessica Ansorge

Schedule: Sat-Sun-Mon | 1:30-3:00 | Social Hall

Materials Fee: \$10

Class Size: Maximum 10

Overview: In this hands-on class, you'll learn to prepare a variety of beloved Norwegian baked goods. This year we will be focusing on appetizers and desserts—

including **Krumkake**,

Bløtkake and **Kartoffelvafler**. Whether you're new to baking or simply want to expand your Scandinavian recipe repertoire, this class offers a sweet way to explore tradition.

Students will share their creations with one another and with the wider camp community during evening meals. You'll leave with new skills, time-tested recipes, and the confidence to share these treats with family, friends, and your local lodge.

This class may be used to fulfill the requirements for the Sons of Norway Cultural Skills Program's Traditional Norwegian Cooking Level 1 pin.



INTRODUCTION TO THE NORWEGIAN LANGUAGE

Cultural Skill Unit #7 [UNIT PDF](#)

Instructors: Anne Skinlo and Tove-Lise Miller

Schedule: Sat-Tue | 10:15-12:00 | Main Lodge

Materials Fee: \$5

Class Size: Maximum 10

Resources: Sons of Norway YouTube [PLAYLIST](#)



Overview: Get started with the Norwegian language in this welcoming, beginner-friendly class. No prior experience is needed, just an interest in learning something new! We'll focus on useful vocabulary and everyday phrases to help you begin understanding and speaking Norwegian with confidence. You'll receive a folder with printed materials to support your learning throughout the week.

While this course doesn't directly lead to a Cultural Skills Pin, it's designed to spark your interest and encourage you to continue with the Norwegian Language and Culture Cultural Skills program on your own. To enhance the experience, we'll have a designated table at select meals where only Norwegian will be spoken—an opportunity to practice in a fun, supportive setting.



.KNITTING THE NORWEGIAN WAY

Level 1 & 2

Cultural Skill Unit: #6 [UNIT PDF](#)

Instructors: Anne Skinlo and Tove-Lise Miller

Schedule: Sat-Tue | 1:30-3:15 | Heritage Hall West

Materials Fee: \$15-20

Class Size: Maximum 10

Resources: Son's of Norway's [YOUTUBE PLAYLIST](#) and

[KNITTING LINKS AND RESOURCES](#)

Overview: Whether you're brand new to knitting or ready to take your skills to the next level, this class offers a supportive space to learn or grow using traditional Norwegian techniques. Beginners will learn the basics—casting on, knit and purl stitches, and understanding simple patterns—while more experienced knitters can explore advanced skills like colorwork and circular knitting.

This year, students can work toward Level 1 or Level 2 of the Sons of Norway Cultural Skills Pin for Knitting. Please indicate which level you're interested in when registering so the instructor can tailor materials and guidance to your needs.

Bring your curiosity and get ready to create something both beautiful and deeply rooted in tradition!



HARDANGER EMBROIDERY Introduction & Continuation

Cultural Skill Unit #8: [UNIT PDF](#)

Instructor: Nancy Madson

Schedule: Sat-Tue | 1:30-3:15 | Heritage Hall East

Materials Fee: \$5

Class Size: Maximum 10

Resources: Sons of Norway YouTube [PLAYLIST](#)

Overview: Join one of our most popular classes and explore the beauty of Hardanger embroidery, a traditional Norwegian needle art that continues to captivate stitchers year after year. This beginner-friendly course introduces you to four foundational stitches and the elegant techniques of cutting and pulling threads that give Hardanger its signature style.



We'll be working on 20-count fabric, chosen to make the details easier on the eyes—ideal for both first-time Hardanger students and those with general stitching experience. No prior Hardanger knowledge is required, just a willingness to learn and an appreciation for fine handwork.

Further independent work is required to complete the requirements for Cultural Skills Pin, Level 1, including practice of six essential stitches and the delicate art of thread cutting.

Other projects available for continuing learners.



SCANDINAVIAN ADVENT CRAFTS

Instructors: Jodi Nelson and Judy Immel

Schedule: Sat-Tue | 10:15-12:00 | Heritage Hall West

Materials Fee: \$5

Class Size: Maximum 10

Overview: Celebrate the Advent season with a cozy Scandinavian-inspired craft gathering that honors cherished Nordic traditions. Join us as we create beautiful handmade decorations, including traditional Norwegian woven heart baskets (julekurver), delicate paper-cut ornaments reminiscent of Scandinavian folk art, classic straw stars found on Christmas trees throughout the Nordic countries, and embossed tin ornaments inspired by old-world holiday craftsmanship. As we craft together, we'll enjoy the warmth of fellowship, the beauty of simple natural materials, and the timeless traditions that have brought light and joy to Scandinavian homes during the long winter season for generations. Attendees can make one, two, or all of the ornaments.

NORWEGIAN CARVING

Norwegian Figure Carving—Cultural Skill Unit #9

Instructors: Craig Dill & Ron Dill

Materials Fee: \$20-\$25

Class Size: 10+

Norwegian Figure carving

Schedule: Sat-Tue | 8:15-10:00 | Heritage Hall Deck

Resources: [Unit PDF](#) & [YouTube Playlist](#)

Overview: to achieve a Level 1 or level 2 proficiency in Norwegian figure carving, participants must first delve into its history before mastering practical skills. Beginning with an overview of tool sharpening and safety, the course offers a hands-on carving experience as you complete a Dala horse for level 1 and a figurine for level 2 in step-by-step fashion. Participants will work on completing the horse or figurine along with completing the required learning activity at camp. If needed, the projects can be finished at home; submit a photo for credit and your Cultural Skills Pin.

Don't forget your reading glasses for precision cuts.

Note: The materials fee for both classes includes carving wood, the use of specialty knives for use during the course, and printed resources. If you'd like to continue your carving journey after Camp Oldfjell, the instructor can recommend where to purchase your own knives and protective gear.

Note: This year we will attempt to use the camp's resources for our carving wood from Camp Norge's forest by harvesting the camp's abundant and excellent quality carving wood from the camp's maple trees. If you arrive on Friday, you might be able to help with the harvesting.

Norwegian Spoon Carving

Schedule: Sat-Tue | 1:30-3:15 | Heritage Hall Deck

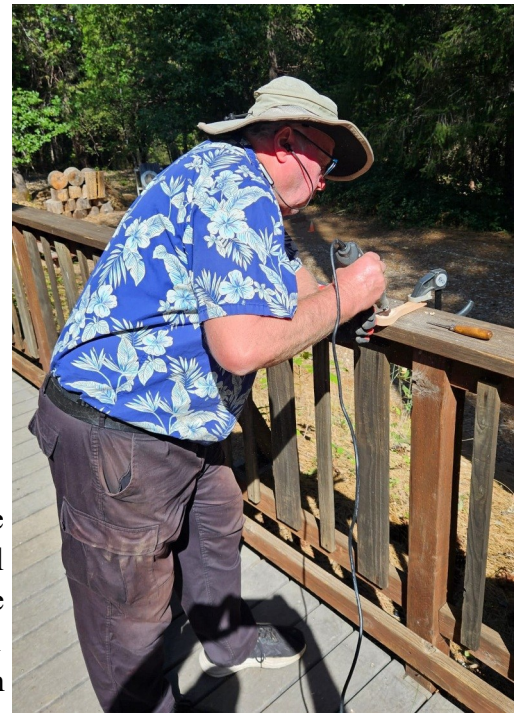
Resources: YouTube video: [Step By Step Beginner Wood Carving Guide](#) & [YouTube spoon carving videos](#)



Overview: Step into the world of traditional Norwegian spoon carving with this hands-on beginner course. You'll achieve proficiency in "basic" Norwegian Spoon Carving, delving into its history and basic carving techniques before working on practical skills. Emphasis is placed on safety, knife handling, and sharpening—critical skills for any aspiring carver.

Under the guidance of an experienced instructor, you'll work step-by-step through the process of carving a basic spoon. By the end of the course, you'll be well on your way to completing your first project—and you'll leave with the foundational skills and confidence to continue carving on your own. This class is an ideal starting point for anyone interested in someday creating a more complex traditional Norwegian wedding spoon.

FYI – there is not a Sons of Norway Cultural Program with its completion badge/pin for this activity.



NORWEGIAN FOLK DANCE



LEVEL 1

Cultural Skill Unit #13 [UNIT PDF](#)

Instructor: Kalia Freitas

Schedule: Sat-Tue | 10:30-12:00 | Main Lodge Back Patio

Materials Fee: Free

Class Size: Maximum 24

Resources: Sons of Norway [YOUTUBE PLAYLIST](#)

Overview: Everyone is welcome to this fun and inviting dance class—no experience necessary! Discover the joy of Norwegian folk dancing as you learn basic dance steps, formations, and positions that are the foundation of many traditional dances. Explore song dances, figure dances, and couples dances and so much more. By the end of the class, you'll have learned and performed one dance from each of the three major folk dance styles while building skills you can use to continue your folk dance journey.

LEVEL 2 & 3

Cultural Skill Unit #13 [UNIT PDF](#)

Instructor: Jana Peterson

Schedule: Sat-Tue | 10:15-12:00 | Heritage Hall Parking

Materials Fee: Free

Class Size: Maximum 20

Resources: Sons of Norway [YOUTUBE PLAYLIST](#)

Overview: Experience the enchanting world of Norwegian folk dances with our immersive course! Dive into the rhythmic tradition with a focus on song dances (sangdanser), figure dances (turdanser), old-time couple dances (gammeldanser), and village dances (bygdedanser). Each offers a unique glimpse into Norwegian culture.

This year, we will begin with a review of Level 1 basic dances and move on to Level 2 and Level 3 dances as participants work toward earning Cultural Skills pins. Utilize the Cultural Skills Unit PDF and our curated YouTube playlist to kickstart your journey before camp.

Classes will be held outdoors in the parking lot, where shaded areas are available for participant comfort. Join us as we embark on a dance adventure through the heart of Norway's heritage! Please bring your bunad or your own interpretation of a festdrakt (festive attire). We'll conclude with a fun, casual performance after dinner on the final day.





DYE LIKE A VIKING

Instructor: Kris Nardello (of the Santa Cruz Textile Arts Guild)

Schedule: Sat-Tue | 10:15-12:00 | Social Hall Patio

Materials Fee: \$25

Class size: Maximum 8

Overview: Discover the colors of the Viking world! In this hands-on class, you'll explore the natural dyes used in Scandinavia during the Viking Age and learn how trade routes brought in brilliant colors from across Europe and Asia. Together, we'll prepare wool yarns to accept and retain these plant-based dyes, many of which are still in use by natural dyers today. Each participant will dye small skeins of yarn, with enough to knit a hat or pair of socks after camp. All materials—including yarn, dyes, mordants, and utensils—will be provided. Just bring your curiosity, an apron, and a pair of rubber gloves!



WOOL APPLIQUÉ

Instructor: Judy Immel

Schedule: Sat-Tue | 8:15-10:00 | Heritage Hall West

Materials Fee: \$8

Class Size: Maximum 10

dery stitches to add texture and detail. Using traditional and contemporary techniques, you'll create a unique, hand-stitched piece to take home. This class is perfect for beginners and experienced stitchers alike—no prior sewing experience required. Students will need to bring sewing scissors & straight pins. *Note: The final project is still being selected, and the course catalog will be updated once it is confirmed.*

Overview: Explore the colorful and cozy art of wool appliqué in this creative, hands-on class. Students will learn the fundamentals of working with felted wool, including cutting shapes, layering fabrics, and applying simple embroidery stitches to add texture and detail.



VIKING TURNSHOE

Instructor: Judy Purrington

Schedule: Sat-Tue | 8:15-10:00 | Social Hall

Materials Fee: \$35

Class Size: Maximum 8



Overview: Here's your chance to add authentic Viking footwear to your festival or reenactment outfit! In this class, you'll create a pair of Viking Turnshoes, crafted in much the same way they were made between the 800s and 1100s.

Your materials fee covers a complete kit—including leather and the essential tools needed to make your shoes. Additional tools and supplies will also be available for shared use. Most students will complete their shoes during class time, with optional

access to Open Lab if extra time is needed. No special skills or prior experience are required—just a willingness to learn and get hands-on with history!



VIKING COSTUME WORKSHOP

Instructor: Kathryn Whitesel

Schedule: Sat-Tue | 10:15-12:00 | Social Hall

Materials Fee: Variable: \$50 for complex projects (dress/underdress/tunic) Less for trousers or a cape.

Class size: Maximum: 6, 8 if requested

Resources: Early Sweden's [VIDEO Daisy Viktoria](#), [Early Sweden](#), and [Grimfrost](#) of Sweden's [Gathered Smokkr](#)

Overview: Step into the 9th and 10th centuries with this hands-on workshop in Viking-inspired clothing. You'll draft a custom pattern using historically informed techniques (adapted for modern fabrics), then sew a Viking apron dress, underdress, or men's tunic, tailored to your fit and preferences.

We also offer a simple pattern for Viking-style trousers, plus wide-format paper so you can take your custom pattern home for future projects.

No previous sewing experience is needed—just a willingness to learn and create. If you have a **portable sewing machine**, we encourage you to bring it along!

More About the Viking Costume Workshop

About the Materials Fee: Think of it as your admission pass to my personal *Dragon's Hoard*.

Like the Viking costumes you see at Convention? Want to make your own? Camp Oldfjell's Viking Cosplay Workshop can make that happen!

But you don't have to limit yourself to just the classic deep blue and wine red colors we've used in previous years. I also have a sturdy linen-blend that I have dyed a rich purple, just waiting to glorify a Viking Queen! There's even a bold Key Lime green, historically accurate thanks to a Scandinavian wildflower that produces a similar shade. (The wise woman stirring the cauldrons outside for the Dye Like A Viking class can tell you exactly which flower...)

All fabrics will be pre-washed to handle shrinkage before we measure and cut.



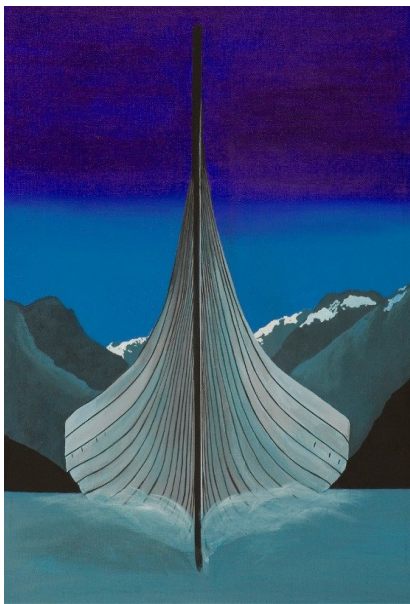
Color Choices: I'll also bring extra fabric in greens, browns, and rich reds—perfect for cloaks or accessories to enhance your existing outfits. Plus: tons of thread, tools, and anything else I can fit in the car.

Color selection will be on a first come first served basis. Contact me at saxonytarn@aol.com to reserve the color of your choice. Please mention **Camp Oldfjell** and your *color choice in the subject line*.

About the Workshop Format: We'll meet for four sessions, with additional “study hall” time as needed. The goal? To complete at least one garment and show it off in our Viking Fashion Show on **Tuesday evening!**

Returning students who want to expand their wardrobes or accessorize their existing costumes are more than welcome, and I especially encourage experienced sewists to help mentor newer participants. This isn't a lecture—it's a hands-on, collaborative workshop. We all have something to teach and learn from each other.

Questions? Want to know more about fabrics, trims, or the chance of a spontaneous jewelry-making session? Email me at saxonytarn@aol.com. Please mention **Camp Oldfjell** and your topic in the subject line.



WINE AND PAINTING

Leader: Jana Peterson

Schedule: 2 sessions | Saturday and Monday's during evening activities

Materials Fee: \$40 per person includes supplies, drinks and snacks.

Class size: 20 maximum

Overview: Overview: Arizona-based artist Jana Peterson creates striking images ranging from earthy abstractions and portraiture to galactic visions of the future. Coming from a family of artists and teachers, she holds an M.A. in Art Education and has been teaching and painting for over 30 years.

Jana is joining us to celebrate her works on display—and to have a little fun making art with YOU. Pop over, and we'll put a brush in one hand and a glass of wine in the other (just to get those creative juices flowing...).

This year, we're offering two different Wine & Painting sessions—and each student should be able to complete their "FRAM" masterpiece in just one session.

All materials are included in the registration—including wine. You'll leave awakened, inspired, and holding a frame-worthy painting (or an unforgettable gift!).

Color palettes may vary slightly from what is pictured in the catalog.

Please note: Only non-alcoholic beverages will be served to participants under 21.

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OPEN LAB

Schedule: Sat-Tue | 3:30-5:15

Open Lab is a relaxed, creative space where students can continue working on their current class projects with support from experienced campers and your instructors. Whether you're looking for a little extra guidance or simply want more time to work on your project, Open Lab provides a welcoming environment to do just that.

Participants are also encouraged to bring along unfinished projects from home or from previous years. It's not uncommon for these revisited pieces to spark new ideas, and encourage shared problem-solving. Beyond the hands-on work, Open Lab is a chance to connect with others, share stories, exchange tips, and enjoy the camaraderie that makes Camp Oldfjell such a special experience.



NORDIC HERBAL TRADITIONS

Leader: Angie Winchester

Materials Fee: Free.

Schedule: Sat | 1:30-3:15 | Main Lodge | Maximum 10

Fire Cider Workshop: Discover the tradition of Fire Cider, a time-honored herbal tonic made by infusing apple cider vinegar with warming herbs, spices, roots, fruits, and honey. In this hands-on workshop, you'll learn about the history of Fire Cider, the benefits of its common ingredients, and how to customize a recipe to suit your own tastes and wellness goals.

Each participant will prepare and take home their own jar of Fire Cider, along with instructions for finishing, straining, and enjoying it at home. Whether you're new to herbalism or already enjoy making natural remedies, this class offers a fun and practical introduction to one of the most beloved traditional herbal preparations.

Schedule: Sun | 1:30-3:15 | Main Lodge | Maximum 20

Healing Yarrow Salve Workshop: Learn how to create a traditional Yarrow Healing Salve using one of nature's most respected medicinal plants. For centuries, yarrow has been valued for its soothing and skin-supporting properties and has been used in herbal traditions around the world.

In this hands-on workshop, you'll learn how herbal-infused oils become healing salves, the benefits of yarrow, and the simple process of making your own natural herbal remedy. Each participant will prepare and take home a tin of hand-crafted yarrow salve, along with the recipe and instructions to make it again at home.

Meals at Camp Oldfjell: Come Hungry!

From Friday dinner through Wednesday breakfast, you'll be treated to meals that are as memorable as the classes themselves—thanks to our incredible camp chef, Kirby Aasen.

Kirby, far left with his assistants, John Bennet and Jon Villarreal, has been with Camp Oldfjell since its beginning in 2019 and has long been part of the culinary heartbeat of Sons of Norway's camps, including Camp Trollfjell and Folkehøgskule, dating back to 2016. With years of experience and a deep understanding of our community's tastes, he brings both heart and skill to every dish.



Expect comforting and satisfying meals, often with a Norwegian flair—especially at dinner. Kirby even bakes fresh bread on site and often brings pears from a neighbor's orchard to add a local, seasonal touch to the menu. On Saturday and Sunday, the Norwegian Baking class steps in to contribute dessert—giving everyone a delicious taste of what's coming out of the kitchen classroom.

Our mealtimes are about more than just eating—they're a time to connect, unwind, and celebrate the day together. And when it's time to tidy up, we do it the Camp Oldfjell way: everyone pitches in. We use a

sign-up sheet so that clean-up duties are shared and no one misses out on the fun for long.

Whether it's a hearty breakfast, a cozy lunch, or a flavor-packed dinner, one thing is for sure: the food is really, really GOOD. Bring your appetite—and maybe your camera, too! The 2026 menu is on [page 21](#).

Coffee will be served beginning at 7:15

All meals are served in the Heritage Hall.

DUGNADSÅND (Community Spirit Projects)

Leader: Craig Dill

Schedule: Any time | Orientation will be held at Friday's dinner and at breakfast on Saturday

Overview: This year, Camp Oldfjell will introduce a new opportunity for attendees to participate in **Community Spirit Projects (Dugnadsånd)** through a variety of voluntary camp improvement activities.

What is a Dugnad?

A **dugnad** is a cherished Norwegian tradition of unpaid, collective volunteer work performed for the benefit of a community. It reflects the belief that everyone can contribute to a shared goal, strengthening both the community and the bonds between those who participate.

During free periods between classes and, for those interested, during evening hours, attendees will have the opportunity to join one or more camp improvement projects. Planned projects may include:

- Clearing overgrown vegetation and removing debris from camping areas
- Possible development and blazing of a new trail
- Hiking trail maintenance and improvement
- Painting camp buildings and structures
- Forest management and pruning

Participation is entirely voluntary, and attendees are welcome to contribute as much or as little time as they wish.



What Should I Bring?

If you plan to participate in any of the projects, please consider bringing:

- Work gloves
- Disposable protective gloves
- Safety glasses
- Hearing protection
- Long-sleeved shirts and long pants suitable for outdoor work
- Sturdy work shoes or hiking boots

Those interested in painting projects may also wish to bring disposable coveralls or older clothing that can get paint on them.

By working together, we can help preserve and improve Camp Norge while honoring a tradition that has been part of Norwegian culture for generations.

Dugnad is for everyone. Whether your talents are big or small, indoors or outdoors, we'll find a way for you to help keep Camp Norge thriving.



FLAG CEREMONY

Leader: Jason Morken

Schedule: Sat @ 7:15 | Tue @ 5:30 | Meadow

Overview:

Flag Ceremony

We'll begin Camp Oldfjell by raising the American and Norwegian flags, following the tradition of Camp Trollfjell and Folkehøgskule. Together, we'll honor both nations by singing their national anthems and celebrating the heritage and values that bring us together at Camp Oldfjell.

Flag Retirement Ceremony

Before the Camp Oldfjell Closing Ceremony, we'll gather once more to respectfully lower the American and Norwegian flags, bringing our camp experience to a close with gratitude for the friendships, learning, and memories we've shared.



PRO TIP: Earn Recognition for Your Creativity!

Many of our courses connect with the Sons of Norway Cultural Skills Program. When a Cultural Skills Unit number is listed, it means you're on the path to earning a Cultural Skills pin for your accomplishments! Each unit has three levels, and if you complete a full unit during Camp Oldfjell, just hand your application to your instructor. Didn't finish all the requirements at camp? No worries! You can complete your unit at home and submit your application to your Lodge's Cultural Director.

Log in to your Sons of Norway account and [CLICK HERE](#) for full program details. Your creativity and dedication deserve to be celebrated!

HIKE AND NATURE WALK

Leader: Jason Morken

Nature Walk Schedule: Sat | Meet at 3:15 | Heritage Hall Deck

Hike Schedule: Mon | Meet at 3:15 | Heritage Hall Deck

Overview: Take a break from your classes and enjoy the great outdoors with one of our guided outings! We offer two options to suit different interests and activity levels:

 **Nature Walk:** A gentle, mostly level walk ideal for those looking to enjoy the fresh mountain air at a relaxed pace. This easy stroll is perfect for observing the local flora, fauna, and scenery without breaking a sweat.

 **Intermediate Hike:** For those looking for a bit more challenge, our intermediate hike features varied terrain and moderate elevation changes. It's a great way to explore the beauty of the Sierra Nevada and get your heart pumping.

We'll carpool to the trailheads, and all participants should bring a full water bottle and wear sturdy, closed-toe shoes for safety and comfort.





MOVIE NIGHT: KON-TIKI (2012)

Schedule: Sun | 8:30 | Heritage Hall West

Norwegian adventurer Thor Heyerdahl (Pål Sverre Hagen) suspects that the South Sea Islands were originally colonized by South Americans. In 1947 despite his fear of water and inability to swim, Heyerdahl decides to prove his theory. He and five companions set sail from Peru on a balsa-wood raft built from an ancient design. Their only modern equipment is a radio, and they must navigate using the stars and ocean currents. After three exhausting months at sea, they achieve their goal.

[Kon-Tiki Trailer](#) 1h 58m

NORWEGIAN KOSELIG TIME

Time and Location: 5:15-6:00 | Heritage Hall East

Saturday Hosts: Jana Peterson & Kris Andre-Stocker

Sunday Host: Angie Winchester

Monday Host: Ron Dill

Overview: This Cozy Hour Mixer will celebrate the day's end and begin the night's activities. Relax, enjoy the music, libations, share stories from the day, and connect with friends old and new.

This is a “no host time” – donations are appreciated! ***Please note: Non-alcoholic drinks are available. Those under the age of 21 will only be served non-alcoholic beverages.***



CAMPFIRE AND S'MORES

Leader: Jason Morken (Sat) | Judy Purrington (Sun)

Schedule: 8:00 at the Fire Pit

Overview: Gather 'round the fire for a cozy evening of laughter, stories, and sweet treats under the stars. Led by Judy Purrington, this classic camp tradition features crackling flames, gooey s'mores, and traditional campfire activities that bring everyone together.

Whether you're singing along, sharing memories, or just enjoying the peaceful Sierra evening, it's a perfect way to wind down and connect with your Camp Oldfjell community.





NIGHT SKIES

Leader: Laurie Mittelstadt

Schedule: 2 Sessions | Sat & Mon | 9:00 | Meadow

Overview: Join us for an end-of-day gathering under the stars. As darkness falls, campers will have the opportunity to observe the Moon, planets, and a distant galaxy through a telescope. We will photograph the Milky Way, identify constellations including Norse versions, and enjoy the beauty of a dark autumn mountain sky.

Weather permitting, we'll spend a relaxing evening outdoors exploring the night sky together. Warm clothing and a flashlight are recommended. Lawn chairs will be available, or you may wish to bring your own chair or blanket for added comfort. Binoculars are welcome but not required.

PRO TIP: Capture Your Camp Oldfjell Experience!

Bring a camera or use your smartphone to document your Camp Oldfjell adventure—especially as you work on your projects. If you decide to pursue a Sons of Norway Cultural Skills Pin, these photos can provide valuable documentation of your progress and completed work.

The best photos include **you** with your project, whether it's in progress or proudly finished. They help tell the story of your learning experience and may even be featured in the District Six newsletter, on social media, or submitted for publication in *Viking* magazine.

Don't keep those memories to yourself! Share your photos with your classmates and fellow lodge members using District Six's **PhotoCircles**. Every lodge has its own PhotoCircle for sharing photos with members, and Camp Oldfjell has a dedicated PhotoCircle where participants can upload pictures from camp for everyone to enjoy. The Camp Oldfjell QR code will be available when you check in.



Show us what you made—and don't forget to get in the picture, too!



Discover the Magic of Camp Norge

Nestled in the Sierra Mountains, Camp Norge is truly the “Jewel of District Six.” Whether you're in your 20s or 90s, we invite you to dive into the world of Norwegian arts and crafts and celebrate the traditions that connect us all.

Make new friends, create lasting memories, and embark on a journey of creativity and community at Camp Oldfjell. This is your chance to immerse yourself in Norwegian culture and experience something truly special.

Camp Oldfjell Information

- ☞ Camp Oldfjell registration is first come, first served. Participants must be 18 or older.
- ☞ Only non-alcoholic beverages are served to guests under 21.
- ☞ Registration is open from **July 1 to September 7** — Sign up early to ensure you get the classes you want.
- ☞ Meals are included with your registration and begin with **Friday dinner** and end with **Wednesday breakfast**.
- ☞ Any class material fees will be paid directly to your instructor or class leader.
- ☞ Some links in this catalog will require you to log in to the Sons of Norway Member Resources area. If it's your first time logging in, [CLICK HERE](#) for a video tutorial.
- ☞ This catalog is prepared in advance and sometimes changes happen! For the most current info on classes, instructors, and fees, [CLICK HERE](#) to visit the Camp Oldfjell webpage

Arriving Late?

No problem—life (and travel) doesn't always stick to a schedule. If you'll be arriving outside of regular check-in hours or run into last-minute travel hiccups, just give Jan Stiggins a heads-up.

You can email oldfjell@sofn6.org or call/text Jan at (650) 483-5381 with your estimated arrival time. We'll make sure someone's ready to welcome you when you get here!

Location:

Camp Norge

**250 Canyon Mine Rd,
Alta, CA 95701**

Registration Fee Includes:

Classes and meals (from Friday dinner to Wednesday breakfast).

Material Fees: Paid directly to instructors.

Lodging Fees: Separate from the registration fee.

Check-In: Begins on Friday at 4 PM and continues through Saturday breakfast.

Beverages: Only non-alcoholic beverages will be served to those under 21. Soft Drinks will be available.

Housing

Where You'll Rest Your Head

Camp Norge offers a range of options for your stay—whether you're bringing an RV, pitching a tent under the stars, or claiming a bed in one of our charming cabins or dorms. For Camp Oldfjell, we encourage the full camp experience by rooming together—because some of the best camp memories are made in shared spaces.

When you register, you'll be able to list your lodging preferences and even request a roommate. If you have any physical limitations, just let us know—we'll do our best to make your stay comfortable.

For details on housing options, including specific rooms, dorms, or cabins, see page [17](#). Want to get your bearings early? See the map of Camp Norge on page [22](#).

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What to Bring

To ensure you're comfortable during your stay, be sure to pack:

- ☞ **Sheets and blankets** or a **sleeping bag**
- ☞ **Pillow** (a cozy one for a great night's rest!)
- ☞ **Towels** for showering and general use
- ☞ **Toiletries** (toothbrush, soap, shampoo, etc.)
- ☞ **Flashlight**—it gets dark in the mountains!
- ☞ **Warm layers**—September nights can get chilly, so be sure to pack a jacket, sweater, or anything that'll keep you warm.
- ☞ **Lawn chair**—perfect for relaxing around the campfire or in the meadow.

Bringing a Pup?

We love well-behaved dogs and are happy to welcome them for just \$2 per night. For everyone's comfort and safety, please keep your dog on a leash and stick to the pet-friendly areas: cabins, and the tent and RV sites.

To help keep shared spaces clean and comfortable for all guests, dogs aren't allowed in the Main Lodge, Halls, or dorms (service dogs are always welcome, of course).

Thanks for helping us keep Camp Norge a great place for everyone—two-legged and four-legged alike!

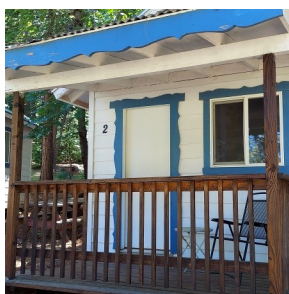
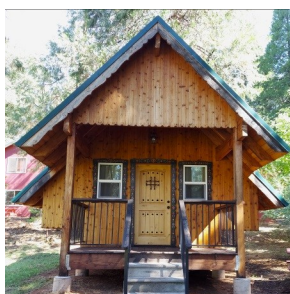
Lodging for Camp Oldfjell

Accommodation Listing

Each Member \$25 per night

Each Guest \$35 per night

Main Lodge		Dorm 1 Upstairs		Dorm 2	
Room 1	1 queen bed	Room 1	1 full bed & 2 bunks	Rooms 1 - 4	2 twin beds
Room 2	2 queen beds	Room 2	3 twin beds	Stabbur	1 queen bed
Room 3	2 queen beds	Room 3	2 twin beds & 2 bunks	Cozy Cabins *	
Family Cabin	6 twin beds	Room 4	3 twin beds	Cabins 1 & 2	2 twin beds
Dorm 1 Downstairs				*Pets welcome	
Room 5	2 queen beds	Room 6	1 queen bed & 1 twin		
TENT AND RV SITES ARE FREE!					



Leave It Better Than You Found It

Camp Norge is a beloved, member-run property—kept going by the care and respect of those who use it. We don't have maids or cleaning crews, so we count on you to help keep it beautiful for the next guest. Before you head home, please take a few minutes to tidy up your space. It's a small gesture that makes a big difference.

Here's what we ask:

- ✂ Empty the trash
- ✂ Sweep the floor (brooms are in every room or hallway; ask staff if you need a vacuum)
- ✂ Tidy up the space
- ✂ Please don't leave food behind

Thanks for doing your part to keep Camp Norge warm, welcoming, and wonderful!

To view regular pricing, visit Camp Norge's Reservation Page by clicking [HERE](#).

Lodging Options

Camp Oldfjell participants are encouraged to stay on-site whenever possible to fully enjoy the camp experience. However, because our cabins and dormitory rooms sold out during the first week of registration last year, we are providing information about nearby lodging options for those who prefer off-site accommodations or register after on-site rooms have been filled.

RV and tent sites at Camp Norge are available at no additional charge to Camp Oldfjell participants.

Stay in the Viking Village!

Want the full camp experience? Consider joining our **Viking Village!** Camp Oldfjell offers free tent camping, and we'll have several tents and basic camping equipment available for participants who would like to try camping without bringing all their own gear.

Imagine stepping out of your tent into the crisp mountain air, enjoying a cup of coffee with new friends, and never missing a moment of camp activities. Whether you're a seasoned camper or trying it for the first time, the Viking Village is a fun, affordable way to immerse yourself in the Camp Oldfjell community. Space is limited, so let us know during registration if you're interested.



Local Area Hotels

The Dutch Flat Hotel

Distance from Camp Norge: 2.6 miles
Address: 32798 Main Street, Dutch Flat, CA 95714
Phone: (530) 389-2698

Originally built in 1852, the Historic Dutch Flat Hotel is one of California's oldest operating hotels. Located in a charming Gold Rush-era town, it offers a unique opportunity to experience local history while staying just minutes from camp.

Colfax Motor Lodge

Distance from Camp Norge: 12.3 miles
Address: 550 South Auburn Street, Colfax, CA 95713
Phone: (530) 346-8382

Located along historic Highway 80 in the Gold Rush town of Colfax, the Colfax Motor Lodge offers affordable accommodations and convenient access to the Sierra foothills.

Best Western Colfax

Distance from Camp Norge: 12.4 miles
Address: 801 South Auburn Street, Colfax, CA 95713
Reservations: (800) 780-7234
Hotel Direct: (530) 206-8787

Best Western Colfax provides modern accommodations and easy freeway access. Sons of Norway members may receive a 10% discount when booking directly with the hotel. Be sure to mention your membership when making your reservation.

Sierra Woods Lodge

Distance from Camp Norge: 12.4 miles
Address: 43440 Laing Road, Emigrant Gap, CA
Phone: (530) 389-8900
Email: reservations@sierrawoodslodge.com

A popular mountain retreat known for year-round outdoor recreation, Sierra Woods Lodge offers a comfortable stay in a scenic High Sierra setting.

RV Rental Options

www.outdoorsy.com/

www.rvezv.com/

Use 250 Canyon Mine Road, Alta, CA 95701 if you chose to have the RV delivered directly to Camp Norge. RV hookups are water and electricity only—standard and 30 amp

Additional lodging options and RV rentals may also be available through your preferred travel booking service.

2026 Morning Schedule

Day	7:30	Location	8:15 - 10:00	10:15 - 12:00	12:15
Saturday	Breakfast	Heritage Hall East	Rosemaling Level 1		Lunch
		Heritage Hall West	Wool Appliqué	Scandinavian Advent Crafts	
		Heritage Hall Deck	Norwegian Figure Carving		
		Heritage Hall Parking		Norwegian Folk Dancing Level 2 & 3	
		Social Hall	Viking Turnshoe	Viking Costume Workshop	
		Social Hall Patio		Dye like a Viking	
		Main Lodge		Norwegian Language	
		Main Lodge Patio		Norwegian Folk Dancing Level 1	
		Activities	7:15 Flag Ceremony in the Meadow		
Sunday	Breakfast	Heritage Hall East	Rosemaling Level 1		Lunch
		Heritage Hall West	Wool Appliqué	Scandinavian Advent Crafts	
		Heritage Hall Deck	Norwegian Figure Carving		
		Heritage Hall Parking		Norwegian Folk Dancing Level 2 & 3	
		Social Hall	Viking Turnshoe	Viking Costume Workshop	
		Social Hall Patio		Dye like a Viking	
		Main Lodge		Norwegian Language	
		Main Lodge Patio		Norwegian Folk Dancing Level 1	
		Activities			
Monday	Breakfast	Heritage Hall East	Rosemaling Level 1		Lunch
		Heritage Hall West	Wool Appliqué	Scandinavian Advent Crafts	
		Heritage Hall Deck	Norwegian Figure Carving		
		Heritage Hall Parking		Norwegian Folk Dancing Level 2 & 3	
		Social Hall	Viking Turnshoe	Viking Costume Workshop	
		Social Hall Patio		Dye like a Viking	
		Main Lodge		Norwegian Language	
		Main Lodge Patio		Norwegian Folk Dancing Level 1	
		Activities			
Tuesday	Breakfast	Heritage Hall East	Rosemaling Level 1		Lunch
		Heritage Hall West	Wool Appliqué	Scandinavian Advent Crafts	
		Heritage Hall Deck	Norwegian Figure Carving		
		Heritage Hall Parking		Norwegian Folk Dancing Level 2 & 3	
		Social Hall	Viking Turnshoe	Viking Costume Workshop	
		Social Hall Patio		Dye like a Viking	
		Main Lodge		Norwegian Language	
		Main Lodge Patio		Norwegian Folk Dancing Level 1	
		Activities			

Coffee available in the Heritage Hall at 7:15

All Meals are served in the Heritage Hall

2026 Afternoon Schedule

Day	12:15	Location	1:30 -3:15	3:30 - 5:15	5:15 - 6:00	6:00	Evening Activities	
Saturday	Lunch	Heritage Hall East	Hardanger Embroidery	Open Lab	Koselin Time	Dinner	7:00 -9:00 Wine & Painting Heritage Hall	
		Heritage Hall West	Knitting the Norwegian Way					
		Heritage Hall Deck	Norwegian Spoon Carving					
		Heritage Hall Parking						
		Social Hall	Open Lab	Norwegian Baking			8:00 Smore's at the Campfire	
		Social Hall Patio						
		Main Lodge	Nordic Herbal Traditions	Open Lab			9:30 Stargazing in the Meadow	
		Main Lodge Patio						
		Activities	3:15 Nature walk meets at the Heritage Hall Deck					
Sunday	Lunch	Heritage Hall East	Hardanger Embroidery	Open Lab	Koselin Time	Dinner	8:00 Smore's at the Campfire	
		Heritage Hall West	Knitting the Norwegian Way					
		Heritage Hall Deck	Norwegian Spoon Carving					8:30 Movie in the Heritage Hall Kon Tiki
		Heritage Hall Parking						
		Social Hall	Open Lab	Norwegian Baking				
		Social Hall Patio						
		Main Lodge	Nordic Herbal Traditions	Open Lab				
		Main Lodge Patio						
		Activities	1:30 Axe Thowing @ Horseshoe Pit [Insurance permitting]					
Monday	Lunch	Heritage Hall East	Hardanger Embroidery	Open Lab	Koselin Time	Dinner	7:00 -9:00 Wine & Painting Heritage Hall	
		Heritage Hall West	Knitting the Norwegian Way					
		Heritage Hall Deck	Norwegian Spoon Carving					9:30 Stargazing in the Meadow
		Heritage Hall Parking						
		Social Hall	Open Lab	Norwegian Baking				
		Social Hall Patio						
		Main Lodge		Open Lab				
		Main Lodge Patio						
		Activities	3:15 Hike meets at the Heritage Hall Deck					
Tuesday	Lunch	Heritage Hall East	Hardanger Embroidery	Open Lab	5:45-6:15 Heritage Hall Closing Ceremonies	Dinner @ 6:15	<u>Heritage Hall</u>	
		Heritage Hall West	Knitting the Norwegian Way				Norwegian Folk Dance Performances	
		Heritage Hall Deck	Norwegian Spoon Carving				Level 1	
		Heritage Hall Parking					Level 2 & 3	
		Social Hall	Open Lab					
		Social Hall Patio						
		Main Lodge						
		Main Lodge Patio						
		Activities	5:30 Flag Ceremony in the Meadow					

All Meals are served in the Heritage Hall

2026 CAMP OLDFJELL MENU

FRIDAY		Served from 5:00 to 8:00 for those arriving on Friday evening.		
Dinner		Pølse med Lompe (hotdogs & lefse or buns) with potato salad & chips		
SATURDAY	Breakfast	Frokost (Norwegian breakfast).		
	Lunch	Tomatsuppe (Tomato soup), Artisan bread, Cold cuts		
	Dinner	Laupskaus (beef stew) purple apple slaw, green salad, rosemary & cranberry bread		
SUNDAY	Breakfast	Eggerøre (Scrambled eggs), hash browns, sausage, Chorizo		
	Lunch	Gul Delt Ertesuppe (Yellow split pea soup), Artisan bread, Cold cuts		
	Dinner	Laks (Salmon) & Creamy caper & dill sauce, Herb Rice, Red Xmas cabbage, Brussel Sprouts		
MONDAY	Breakfast	Pannekaker (Pancakes), sausage, fruit		
	Lunch	Fiske Suppe (fish soup), Artisan bread, Cold cuts		
	Dinner	Leg of lamb, tarragon carrots, new potatoes w/dill		
TUESDAY	Breakfast	Frokost (Norwegian breakfast).		
	Lunch	Smørebord (Smorgasbord) of leftovers.		
	Dinner	Kjøttboller (Meatballs) with Geitost gravy, mashed potatoes, Peas & carrots		
WEDNESDAY		Leftovers for breakfast for those staying until Wednesday.		
<u>FROKOST:</u>		<u>HORS D'OEUVRES</u>	<u>APPETIZERS</u>	
Meats potato sausage, gravlax, ham, caviar, herring		Chocolate fountain	Meats	Cheese
		Strawberries & crisp cookies	Crackers	Pickles
			<u>TOPPINGS & SPREADS</u>	
Cheese Jarlsberg, Havarti, Geitost, Cottage cheese		Pepper Jelly & Cream Cheese on seeded crackers	Gjetost	Cucumbers
Breads Rye, sourdough, multi grain, bagels		Cocktail Rye with pickled herring, gravlax & dill mustard	Pickles	Sardines
			Anchovies	Sliced Eggs
			Strawberry fig jam	
Misc Boiled eggs, oatmeal, waffles, jams, pickles				
<i>*All meals are included in the Camp Oldfjell registration price*</i>				
<i>Green salad & artisan bread served with all dinners</i>				

CAMP NORGE MAP



	PARKING
	FIRE PIT
	BATHROOMS
	RV SITES
	TENT SITES

* No vehicles allowed on the meadow!

